Count: 64
Wall: 4
Level: Advanced

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Choreographer: Joy Dawson (NZ)
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Music: One Night At a Time - George Strait

## ROCK STEPS FORWARD \& BACK ON 45 DEGREES ANGLE

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1
2

\section*{ROCK STEPS FORWARD \& BACK ON 45 DEGREES ANGLE}

On left foot rock step forward and to the left on 45 degrees angle
Point left toe to the left side

Step left foot beside right
Point right toe to the right side
Putting weight on ball of right foot cross right foot across in front of left foot
On the balls of both feet pivot \(1 / 2\) turn to the left ending with weight on right foot
SHUFFLE FORWARD, RIGHT ROLLING TURN, SHUFFLE FORWARD, ROCK
25\&26 Shuffle forward left, right, left
27
28 Step to the left on left foot while turning \(1 / 2\) turn to the right
Step to the right on right foot while turning \(1 / 2\) turn to the right
You have now completed a full rolling turn to the right
29\&30 Shuffle forward right, left, right
31 Rock forward on the left foot
32 Rock back on the right foot

\section*{\(1 ½\) ROLLING TURN BACK, ROCK STEP, SHUFFLE BACK}

\section*{POINT, STEP BACK, POINT, STEP BACK, POINT, CROSS, CROSS CHA-CHA-CHA}

41 Point right toe to the right side
42
43
44
45
46
47
\&
48
Step right foot directly behind left
Point left toe to the left side
Step left foot directly behind right
Point right toe to the right side
Step right foot across in front of left
Step left foot in place
Step right foot beside left
Step left foot across in front of right
STEP, POINT, ½ TURN, POINT
\(49 \quad\) Step to the side on the right foot
\(50 \quad\) Point left toe to left side
51 Pulling back on left shoulder and swiveling on ball of right foot turn \(1 / 2\) turn to the left and step left foot to side
52 Point right toe to right side

\section*{CROSS \& LUNGE STEP}

53 Step cross right foot behind left
54 Step left foot to the side
55 Lunge step right foot across in front of left bending knees
56 Step back on left foot in place
57 Step right foot to the right side
58 Lunge step left foot across in front of right bending knees
59 Step back on to right foot in place
60 Step left foot beside right
POINT, CROSS, PIVOT, KNEE BENDS
61 Point right toe to right side
62 Cross and touch right foot in front of left
63 Pivot \(1 / 2\) turn to the left on balls of both feet and bend left knee
Weight is now on right foot
64 Straighten left knee while bending right knee
REPEAT
TAG
On the 5th sequence of the dance, after beat 38 before the shuffle back. The extra four beats will be as follows:
1 Rock back on left foot
2 Rock forward on right foot
\(3 \quad\) Rock forward on left foot
\(4 \quad\) Rock back on right foot
Then continue from beats \(39 \& 40\) - shuffle back left, right, left```

