# Over 40 Cha-Cha

Level: Intermediate

Choreographer: Forty Arroyo (USA)

**Count:** 40

Music: Laredo Rose - Texas Tornados

Dedicated to the very talented instructor/choreographer Janet Humphrey.

# CROSS, ROCK, ½ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT

- 1-4 Cross rock right over left, rock back on left, shuffle in place right-left-right while turning 1/2 right
- 5-8 Cross rock left over right, rock back on right, shuffle in place left-right-left while turning 1/2 left

## STOMP, STEP-TOUCHES

- 1-2& Stomp right next to left, stamp left next to right twice
- 3&4 Step left forward diagonally to left, touch right toes next to left, step back diagonally to right 5-6& Stomp left next to right, stamp right next to left twice
- 7&8 Step right forward diagonally to right, touch left toes next to right, step back diagonally to left

# STEP, CROSS BEHIND, STEP, CROSS BEHIND, CROSS BEHIND, ¼ LEFT, STOMP, STOMP

- 1-4 Step right, cross left behind right while bending right knee forward, repeat for steps 3, 4
- 5-8 Cross right behind left, step left while turning ¼ left, stomp right next to left, stomp left next to right

#### BRUSH BALL TOUCH, CROSS, 1/2 TURN

- 1&2 Brush right forward, step in place on ball of right, touch left toes to side
- &3-4 Step left in place, cross right over left, unwind <sup>1</sup>/<sub>2</sub> left (weight on left)
- 5-8 Repeat steps 1 thru 4 in this section

## CROSS ROCK, STEP, SHUFFLE ¼ RIGHT, ROCK, STEP, SHUFFLE

- 1-4 Cross right over left, step left in place, shuffle in place left-right-left while turning ¼ right
- 5-8 Cross left over right, step right in place, shuffle in place right-left-right

## REPEAT





Wall: 1