Over My Shoulder



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Helen D'Aguiar (UK)

Music: Over My Shoulder - Mike + The Mechanics



ROCK BACK, HITCH TOUCH TWICE WITH HALF TURN LEFT, CROSS & HEEL, & BEHIND SIDE CROSS, SIDE CROSS

1-2 Rock back on right, looking over your shoulder, recover on left &3&4 Hitch right foot, make ¼ turn left as you touch out to right, repeat

5&6& Cross right over left, step left to side, dig right heel forward into right diagonal, bring right foot

back to place

7&8 Cross left foot behind right, step right to side, cross left over right

SIDE CROSS, STEP BACK RIGHT ¼ TURN LEFT, RUMBA BOX, MAMBO FORWARD, BACK LOCK BACK

&1-2 Step right to side, cross left over right, make ½ turn left stepping back on right

3&4 Step left to side, close right next to left, step left forward
5&6 Step forward on right, recover on left, close right next to left
7&8 Step back on left, lock right over left, step back on left

1/4 TURN RIGHT ROCK RECOVER, BEHIND & CROSS, BACK SIDE CROSS (1/2 TURN RIGHT), KICK AND CROSS

1-2 Making a ¼ turn right rock out to right, recover on left kicking slightly with right

3&4 Cross right behind left, step left to side, cross right over left

5&6 Make ¼ turn right stepping back on left, make a further ¼ turn right stepping right to side,

cross left over right

7&8 Kick right foot forward, step right next to left, cross left over right

COASTER BACK, LEFT SHUFFLE FORWARD, ROCK RECOVER ½ TURN RIGHT, STEP PIVOT ¼ TURN RIGHT CLOSE

1&2 Step back on right, close left next to right, step right foot forward

3&4 Left shuffle forward

Rock forward on right, recover on left, make ½ turn right and step forward on right

7&8 Step forward on left, pivot ¼ turn right, close left next to right

REPEAT

TAG

At the end of wall 3 and 5

1&2 Mambo out to right3&4 Mambo out to left

At the end of wall 7

1&2 Mambo out to right3&4 Mambo out to left

5-6 Step forward right, pivot half turn left

7-8 Step forward right, pivot half turn left, closing left next to right