

Papa Bear's Bed

Count: 64

Wall: 2

Level:

Choreographer: Jan Wyllie (AUS)

Music: Papa Bear - Keith Harling



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|-------|---|
| 1-2 | Rock forward on right, rock back on right, |
| 3&4 | Triple step in place left-right-left |
| 5-8 | Rock back right, rock forward left, rock forward right, rock back on left |
| 9-10 | Rock back on right, rock forward on left, |
| 11&12 | Shuffle forward right-left-right |
| | |
| 1-4 | Rock forward on left, rock back on right turning ½ turn left stepping forward on left, rock forward on right |
| 5-6 | Rock back on left turning ½ turn right stepping forward on right |
| 7-8 | Turn ½ turn right stepping back on left, continue to turn ½ turn right stepping forward on right |
| 9-10 | Rock/step forward on left, rock back on right, |
| 11&12 | Triple step in place left-right-left |
| | |
| 1-4 | Step back on right, step left beside right, step forward on right, hold |
| 5-8 | Step forward on left, step right beside left, step back on left, hold |
| | |
| 1-4 | Rock/step right to right, rock weight to left, cross right behind left, turn ¼ turn left stepping forward on left |
| 5-6 | Step forward on right & pivot ½ turn left, transfer weight to left |
| 7&8 | Shuffle forward right (right-left-right) |
| | |
| 1-4 | Stride/step forward on left at 45 degrees left, slide right to left, step right, left together with hip bumps |
| 5-8 | Stride/step forward on right at 45 degrees right, slide left to right, step left, right together with hip bumps |
| | |
| 1-2 | Rock/step forward left, rock back on right |
| 3-4 | Turn ½ turn left stepping forward on left, turn ¼ turn left stepping right to right side |
| 5-6 | Step left behind right, step right to right, |
| 7&8 | Cross shuffle left over right (left-right-left) |
| | |
| 1-2 | Rock/step right to right, rock weight to left, |
| 3&4 | Cross shuffle right over left (right-left-right) |
| 5-8 | Step left to left, step right beside left, step back on left, step right beside left |

REPEAT