Peace Of Mind



Count: 32 Wall: 1 Level: Intermediate

Choreographer: Carl Sullivan (AUS)

Music: Peace of Mind - George Strait



QQSS, QQSS, QQSS

1&2 Step left to left side, step right beside left, turning ¼ turn left step left forward

3 Step right forward starting to pivot turn ½ turn left on right foot

4&5 Completing the ½ turn left pivot turn step left forward, step right beside left, step left forward

6 Step back on right foot

7 Turning ½ turn left on right foot step left forward

&8 Turning a further ¼ turn left on left step right beside left, step left back

1 Step down on right

QQS, QQSS, QQSS

2&3 Step left forward & slightly left, lock step right behind left, step left forward & slightly left
4&5 Step right forward & slightly right, lock step left behind right, step right forward & slightly right

6 Step back on left

7 Turning ½ turn right on left foot step right forward

Turning a further ¼ turn right on right step left beside right, step right back

1 Step down on left

QQS, QQSS, QQSS

Step right forward & slightly right, lock step left behind right, step right forward & slightly right
 Step left forward & slightly left, lock step right behind left, step left forward & slightly left
 Step back on right

7 Turning ½ turn left on right foot step left forward

&8 Turning a further ½ turn left on left step right beside left, step left back

1 Step down on right

QQS, QQS, QQSS, &

2&3 Step left forward, step right beside left, step left forward

4&5 Step right to right side, step left behind right back at 45 degrees right, step right across over

left

6&7 Step left to left side, step right behind left back at 45 degrees left, step left across over right

8 Step back on right foot starting to turn ¼ turn left on right foot

& Complete 1/4 turn left turn on right foot, ready to start sequence again

REPEAT

This dance should be done with a feel of a 2 step. Keep it relaxed and develop a smooth style. Keep steps reasonably long and close to the floor.