

Pickin' Trash

Count: 32

Wall: 2

Level: Improver

Choreographer: Ulrika Rapp (SWE)

Music: Mama Take Me Home - Rednex



DIAGONAL SHUFFLE RIGHT, DIAGONAL SHUFFLE LEFT, HEEL RIGHT, LEFT, RIGHT, HITCH, HEEL RIGHT

- 1&2 Step right diagonal, close left beside right, step right diagonal
- 3&4 Step left diagonal, close right beside left, step left diagonal
- 5&6 Tap right heel diagonal forward, tap left heel diagonal forward
- &7&8 Tap right heel diagonal forward, hitch right knee, tap right heel diagonal forward

STEP RIGHT SIDE, SAILOR ¼ TURN LEFT, STEP RIGHT, BACK LEFT LOCKSTEP TWICE, LEFT COASTER STEP

- 1 Step out to right side
- 2&3 Step left behind right making ¼ turn left, step right next to left, step forward on left
- 4 Step forward on right
- 5&6& Step diagonally back on left foot, lock right foot in front of left twice
- 7&8 Step back on left, close right beside left, step forward left

ROCK RIGHT, SHUFFLE ½, POINT LEFT, RIGHT, HEEL FORWARD LEFT, RIGHT

- 1-2 Rock forward on right, recover on to left
- 3&4 Make ½ turn right stepping - right, left, right (shuffle)
- 5&6 Point out to right side, point out to left side
- 7&8 Tap left heel forward, tap right heel forward

JAZZ BOX ¼ TURN RIGHT, LARGE STEP RIGHT, LEFT, RIGHT, LEFT

- 1-2 Cross right over left, step back on left
- 3-4 Make a ¼ turn right stepping right to right side, step forward on left
- 5-6 Step right diagonally forward, step left to left side
- 7-8 Step right diagonally back, step left to left side

On 5-8, take large steps in a ¼ and bend your knee a little

REPEAT

TAG

At end of the dance on wall 7

STEP TURN, STEP TURN

- 1-2 Step forward on right make a ½ turn left
- 3-4 Step forward on right make a ½ turn left