Plank 'er Down

Count: 32

Level: Intermediate

Choreographer: Gerard Murphy (CAN)

Music: Haul Her Along - The Ennis Sisters



Wall: 4



Begin dance with left foot slightly forward. The music is available at www.ennissisters.com or from Tidemark Music & Distribution Ltd, www.tidemark.ca, Telephone 1 (902) 425-4332

SAILOR STEP, BEHIND, BALL, CROSS, ROCK, RECOVER, SAILOR STEP ¼ TURN

- 1&2 Right sailor step back - right, left, right
- 3&4 Step left behind right, step ball of right to right, cross step left over right
- 5-6 Rock step right to right; recover onto left
- 7&8 Right sailor step back - right, left, right making a 1/4 turn left

WALK BACK TWICE, COASTER STEP, STEP FORWARD, ½ TURN PIVOT, STEP FORWARD ½ TURN **PIVOT**

- 9-10 Walk back - left, right
- 11&12 Left coaster step back - left, right, left
- 13-14 Step right forward, pivot 1/2 turn left
- 15-16 Step right forward, pivot 1/2 turn left

KICK BALL CHANGE, KICK, STEP, TOUCH, KICK, BALL, CROSS, STEP LEFT TOGETHER

- Right kick ball change right, right, left 17&18
- 19&20 Kick right forward, step right next to left, touch left toes next to right
- 21&22 Kick left, step ball of left in place, cross step right over left
- 23-24 Step left wide step to left; step right next to left

WALK, WALK, SHUFFLE, ROCK, RECOVER, ½ TURN STEP, STEP FORWARD

- 25-26 Walk forward - left, right
- 27&28 Shuffle forward - left, right, left
- 29-30 Rock step forward on right; recover on ball of left
- 31 Pivot ¹/₂ turn right on ball of left and step right forward
- 32 Step left forward

REPEAT

TAG

With "Haul Her Along" only, the first time you hit the front wall, after 4 times through the dance

- Step right forward crossing over left, hold 1-2
- 3-4 Step left forward crossing over right, hold
- 5-6 Step right forward crossing over left, hold
- 7-8 Step left forward crossing over right, hold

Snap your fingers on the hold counts if it helps you keep the beat!

Second time you hit the front wall, after another 4, do the same 8 counts as above and add

- 9&10 Shuffle on spot - right, left, right making 1/4 turn left
- 11&12 Shuffle on spot - left, right, left making 1/2 turn left