

# Polkaplay 101

**COPPER KNOB**  
STEPPERS

**Count:** 32

**Wall:** 2

**Level:** Beginner polka line/contra dance

**Choreographer:** Forty Arroyo (USA)

**Music:** Jambalaya - Led Zepher & The Barrels



**Dedicated to the Fabulous Senior Gals at the Sturbridge Senior Center**

## **TRIPLE SIDE RIGHT, ROCK RECOVER, TRIPLE SIDE LEFT, ROCK RECOVER**

- 1&2 Triple side right - right-left-right
- 3-4 Rock back on left, recover weight on right
- 5&6 Triple side left - left-right-left
- 7-8 Rock back on right, recover weight on left

## **TRIPLE FORWARD RIGHT & LEFT, TRIPLE BACK RIGHT & LEFT**

- 1&2 Triple forward right, left, right
- 3&4 Triple forward left, right, left
- 5&6 Triple back, right, left, right
- 7&8 Triple back, left, right, left

## **TRIPLES -TRAVELING TO THE RIGHT COMPLETING A FULL TURN RIGHT**

- 1&2 Traveling to the right, triple slightly forward to right with a right, left, right while turning  $\frac{1}{4}$  to right
- 3&4 Repeat starting with left- triple left, right, left
- 5&6 Repeat starting with right- triple right, left, right
- 7&8 Repeat starting with left- triple left, right, left (completing a full right turn)

## **STEP, $\frac{1}{4}$ PIVOT, STEP, $\frac{1}{4}$ PIVOT, JAZZ BOX**

- 1-2 Step slightly forward on right, pivot  $\frac{1}{4}$  turn to left
- 3-4 Step slightly forward on right, pivot  $\frac{1}{4}$  turn to left
- 5-6 Cross right over left, step back slightly on left
- 7-8 Step side right, step left next to right

## **REPEAT**

**For some real fun, try it contra style**

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