Pop Ya Collar



Count: 0 Wall: 1 Level: Intermediate

Choreographer: Lorenzo Belloque-Vane (NL)

Music: Pop Ya Collar - Usher

Sequence: AAB, AAB, AB, BBB

PART A

LEFT FOOT ROCK LEFT SIDE, 1/4 TURN LEFT, KICK AND TOUCH 1/4 TURN RIGHT

Left foot rock to left sideWeight back on right foot

2 Left foot step next to right foot while turning 1/4 left on ball of right foot(weight ends on left foot)

Right foot kick forward
Right foot touch back

4 Turn ¼ right on balls of both feet (weight should remain on left foot)

SLIDE TO THE RIGHT, KNEES IN, KNEES OUT, KNEES IN

5 Right foot big step to right side

6 Left foot slide next to right foot (don't close your feet, keep them shoulder wide apart)
7 Knees in left foot & right foot (point your arms straight forward and grab your right fist with

your left hand while doing steps 7&8)on balls of both feet

& Knees out left foot & right foot

8 Knees in left foot & right foot(end with weight on left foot)

WALK, WALK, WALK, TOGETHER

9 Right foot walk forward
10 Left foot walk forward
11 Right foot walk forward

12 Left foot step together next to right foot

MAKE POSE, KICK, TOUCH, TURN ½ LEFT

Weight on balls of both feet, arms spread out Lower heels, ending with weight on right foot

Left foot kick forwardLeft foot touch backwards

16 Right foot & left foot turn ½ left (weight ending on left foot)

WALK, WALK, KICK, STEP, TURN

17 Right foot walk forward 18 Left foot walk forward 19 Right foot kick forward

& Step on to right foot while turning ½ left

20 Left foot touch forward (feet should be apart while sitting in contracted position)

KICK, TOUCH, SCUFF, HITCH, TOGETHER

Weight back on left foot
Right foot kick forward
Right foot touch backwards
Right foot scuff next to left foot

Right foot hitch with right knee while scooting forward on left foot
 Right foot touch next to left foot(weight should remain on left foot)

KICKS & HOPS IN PLACE. RIGHT FOOT LOCK BEHIND LEFT KNEE

25 Right foot kick forward, hop in place on left foot

& Right foot step next to left foot

26 Left foot kick forward, hop in place on right foot

& Left foot step next to right foot

27 Right foot kick forward, hop in place on left foot

& Right foot kick backwardsRight foot lock behind left knee

& Right foot unlock behind left knee(weight is on left foot during counts 27&28&)

RIGHT FOOT TOUCH RIGHT, LEFT FOOT TOUCH LEFT, BODY ROLL, TOGETHER

29 Right foot touch to the side & Right foot step next to left foot 30 Left foot touch to left side

Transfer weight to left foot, start making body roll to left side
Right foot drag next to left foot while finishing body roll to left side

PART B

RIGHT FOOT STEP DIAGONALLY BACKWARDS, LEFT FOOT STEP DIAGONALLY BACKWARDS

1 Right foot step 45 degrees diagonally backwards, bounce with both shoulders

&2 Bounce 2 times with both shoulders

3 Left foot step 45 degrees diagonally backwards, bounce with both shoulders

&4 Bounce 2 times with both shoulders

TAP RIGHT FOOT, TAP LEFT FOOT, TAP RIGHT FOOT, BENT BOTH KNEES

Right foot touch toes forward
Right foot step next to left foot
Left foot touch toes forward
Left foot step next to right foot
Right foot touch toes forward

& Bent both knees and pull shoulders up

8 Straighten both knees again (weight should remain on left foot) put shoulders down again

RIGHT FOOT TOUCH RIGHT, LEFT FOOT TOUCH LEFT, ¾ MONTEREY TURN TO THE LEFT HOP 2X

9 Right foot touch right

& Right foot step next to left foot

10 Left foot touch left

Left foot drag back to right foot while turning ¾ to left on ball of right foot

&12 Right foot & left foot hop forward on both feet (2 times)

WALK, WALK, TOUCH FORWARD

13 Right foot walk forward
14 Left foot walk forward
15 Right foot walk forward

16 Left foot touch forward while turning body ¼ left(body facing front)

TOUCH BACKWARDS, TOGETHER 1/4 TURN, SLIDE

17 Left foot touch backwards

Left foot touch next to right foot while turning ¼ left

19 Left foot make a big step to left

20 Right foot drag next to left foot (feet should be together)

OUT, OUT, TOES, HEEL, TOES

21 Right foot step slightly backwards to right side

22 23 & 24	Left foot step to left side Right foot & left foot toes together Right foot & left foot heels together, and right shoulder up Right foot & left foot toes together, and left shoulder up(feet should be together now)
RIGHT FOOT KICK FORWARD, LEFT FOOT ROCK LEFT, SWIVEL AND BACK	
25	Right foot kick forward
&	Right foot step next to left foot
26	Left foot step to left side(replace weight from right foot to left foot)
&	Put weight back on right foot
27	Left foot step next to right foot
&	Move both knees to the right while standing on the balls of your feet
28	Move knees back to the front
RIGHT FOOT STEP 45 DEGREES RIGHT FORWARD, RIGHT FOOT STEP NEXT TO LEFT FOOT	
29	Right foot step 45 degrees right forward
30	Pop arms to body
31	Right foot step next to left foot
32	Push arms forward