Pride In The Backstretch



Count: 68 Wall: 4 Level: Intermediate straight rhythm

Choreographer: Horst Wiese (DE)

Music: The Race Is On - Sawyer Brown



HEEL TAPS RIGHT, 1/4 MONTEREY TURN RIGHT, HOLD

1-4 Stepping right foot to right side, raise right heel and tap it down 4 times

5-6 On ball of left pivot ¼ turn right stepping right beside left, touch left to left side

7-8 Step left beside right, hold

2X ROCK STEP ROCK (RIGHT & LEFT)

1-2 Rock forward on right, rock back onto left

3-4 Rock forward on right, hold

5-6 Rock forward on left, rock back onto right

7-8 Rock forward on left, hold

REPEAT ALL OF THAT

17-32 Repeat 1-16

VINE RIGHT WITH ½ TURN RIGHT, BRUSH, VINE LEFT, ¼ TURN LEFT

1-2	Step to the right on right foot, step left food behind right foot
3	On ball of left pivot 1/4 turn right & step right foot forward
4	On ball of right pivot ¼ turn right & brush right foot forward
5-6	Step to the left on left foot, step right foot behind left foot
7 Q	Stop to the left on left foot with 1/ turn left, stop right foot forward

7-8 Step to the left on left foot with ¼ turn left, step right foot forward

1/2 TURN LEFT, 1/4 TURN LEFT, BEHIND, 1/4 TURN RIGHT, SHUFFLE LEFT, STOMP

1 Pivot ½ turn left

2 Make ¼ turn left stepping right to right side

3-4 Step left foot behind right foot, step right to right side with ¼ turn right

5-6 Step left foot forward, slide right foot beside left foot7-8 Step left foot forward, stomp with right foot beside left

MODIFIED APPLE JACKS

1-4	Taking weight on left hee	I and right toe -	twist both toes to the left and then back to center &
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repeat

5-8 Change weight to right heel and left toe - twist both toes to the right and then back to center

& repeat

9-12 Change weight to left heel and right toe - twist both toes to the left and then back to center &

repeat

JAZZ BOX TWICE

1-2	Cross step right over left, step back on left
3-4	Step right beside left, step onto left in place
5-6	Cross step right over left, step back on left
7-8	Step right beside left, stomp onto left in place

REPEAT

When using the song "Six Days On The Road", leave out counts 9-12 from the "modified apple jacks"