Promises I Can't Keep

Count: 0 **Wall:** 4 **Level:** Improver
Choreographer: Derek Langevin (CAN)
Music: Promises - Def Leppard

Sequence: AB, AA, AB, AA, Tag, AB, A to end
Part B is only done in the 24 counts between the verse and the chorus. After doing Part B the third time, hold 4 counts

PART A
TOUCH, SWING, SAILOR STEP (TWICE)

1-2	Touch right foot across left, swing right around behind left
3&4	Step right behind left, step left to left, step right out to right
5-6	Touch left foot across right, swing left around behind right
7&8	Step left foot behind right, step right to right, step left out to left

STEP ½ TURN, ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, STEP ¼ TURN

9-10	Step right forward while turning ½ right, rock forward on left
11-12	Recover right, step left back
&13-14	Step right beside left, step left forward, rock forward on right
15-16	Recover left, step back on right with a ¼ turn to right

SHUFFLE WITH ¼ TURN, "ROCKING CHAIR", ½ TURN JUMPING JACK (OR ½ TURN MONTEREY)

&17-18	Step left beside left, step right to right with a ¼ turn, rock forward on left
19-20	Recover on right, rock back on left
21-22	Recover on right, step left to left and right to right simultaneously
23-24	Cross feet with right in front, ½ turn over left(ending with weight on left foot)

Alternate steps:

21-22	Recover on right, left to left
23-24	½ turn over left, touch right to right

KICKBALL CHANGE, RIGHT SHUFFLE FORWARD, TOUCH, CROSS, ¼ MONTEREY TURN

25&26	Kick right foot forward, step right beside left, step left beside right
27&28	Step right forward, step left beside right, step right forward
29-30	Touch left to left, cross left in front of right
31-32	Touch right to right, slide right beside left with ¼ turn (keep weight on left)

PART B
STEP FORWARD, ½ TURN, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

1-2	Step forward on right foot, ½ turn to left
3&4	Step right forward, step left beside right, step right forward
5-6	Rock left forward, recover right
7-8	Step left back, step right beside left, step left forward

REPEAT

9-10	Step forward on right, ½ turn to left
11-12	Step right forward, step left beside right, step right forward
13-14	Rock forward on left, recover on right
15-16	Step left back, step right beside left, step forward on left

STEP FORWARD, ½ TURN, ¼ TURN SHUFFLE, BACK COASTER STEP WITH ¼ TURN, HEEL TOUCH WITH DIP, TOUCH

17-18	Step right forward, ½ turn to left
19&20	Step right forward with ¼ turn to left, step left beside right, step right to right
21&22	Step left behind right with ¼ turn to left, step right beside left, step left forward
23-24	Touch right heel forward while bending left knee slightly, touch right toes beside left while standing

TAG

1-16	First 16 counts of Part B