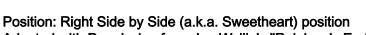
# **Rainbow Strut**

Count: 64 Wall: 0

Choreographer: Diane Jackson (UK)

Music: Rock At The End Of My Rainbow - Heather Myles



# Adapted with Permission from Jan Wyllie's "Rainbow's End"

### STEP SCUFFS (MOVING FORWARD)

- 1-4 Step forward on left, scuff right forward, step forward on right scuff left forward
- 5-8 Step forward on left, scuff right forward, step forward on right scuff left forward

#### **ROCK STEPS, HOLDS**

- 9-12 Rock forward on left, rock back on right, step back on left, hold
- 13-16 Rock back on right, rock forward on left, step forward on right, hold

#### STEP PIVOT, STEP, HOLD TWICE

- 17-18 Step forward on left, pivot <sup>1</sup>/<sub>2</sub> turn right transferring weight to right
- 19-20 Step forward on left, hold
- 21-22 Step forward on right pivot ½ turn left transferring weight to left
- 23-24 Step forward on right, hold

#### **TOE STRUTS X 4**

25-32 Toe struts (toe heel down 1-2) forward left-right-left-right

# HEEL HOOK, HEEL HOOK, STEP LOCK, STEP

- 33-36 Touch left heel forward, hook across in front of right, touch left heel forward, hook across in front of right
- 37-40 Step forward left, lock right up behind, step forward left, brush right

#### HEEL HOOK, HEEL HOOK, STEP LOCK, STEP

41-48 Repeat 33-40 starting with right

#### FORWARD TOUCH, BACK TOUCH, FORWARD TOUCH, STEP BACK, HOLD

- 49-50 Step forward on left, touch right toe behind right
- 51-52 Step back on right, touch left heel forward
- 53-56 Step forward on left, touch right toe behind left, step back on right, hold

#### STEP BACK, HITCH, COASTER STEP, HOLD

- 57-60 Step back left, right, left, hitch right
- 61-64 Step back on right, step left next to right, step forward on right, hold

# REPEAT





Level: