

# Rainbows

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Val Reeves (UK)

**Music:** Dance Above the Rainbow - Ronan Hardiman



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- |       |   |
|-------|---|
| 1&    | Right step forward, left lock behind right                              |
| 2&    | Right step forward, left lock behind right                              |
| 3&    | Right step forward, left lock behind right                              |
| 4&    | Right step forward, left lock behind right                              |
| 5-6   | Right step forward, scuff left heel                                     |
| 7&8   | Left shuffle backwards  |
| 9-10  | Rock back on right, rock forward on left                                |
| 11&12 | Right shuffle forward   |
| 13-14 | Left step across right, right step back turning $\frac{1}{4}$ left      |
| 15&16 | Left shuffle in place   |
| 17-18 | Right rock forward, left rock back                                      |
| 19&20 | Right shuffle turning $\frac{1}{2}$ turn right                          |
| 21-22 | Left rock forward, right rock back                                      |
| 23&24 | Left shuffle turning $\frac{1}{2}$ turn left                            |
| 25-26 | Right kick forward, right kick to side turning $\frac{1}{4}$ turn right |
| 27&28 | Right shuffle in place  |
| 29-30 | Left kick forward, left kick to side turning $\frac{1}{4}$ turn left    |
| 31&32 | Left shuffle in place   |

**REPEAT**

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