# Rhythm Of My Heart

Level: Beginner

Choreographer: Joseph Yip (SG)

**Count: 32** 

Music: Rhythm of My Heart - Rod Stewart

### Dedicated to the committee of the Country Line Dance Association of Singapore for their continuous effort in the promotion of line dancing in Singapore!

## **GRIND, STEP, COASTER STEP, TWICE**

- 1-2 Step and grind right heel forward with toes from in to out, step back on left
- 3&4 Step right foot back, step left foot together, step right foot forward
- 5-6 Step and grind left heel forward with toes from in to out, step back on right
- Step left foot back, step right foot together, step left foot forward 7&8

## FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN RIGHT SHUFFLE

- 1&2 Right over left, left to left, right to right
- 3&4 Left over right, right to right, left to left
- 5-6-7&8 Right forward, recover on left, 1/2 turn right shuffle right, left, right

### FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN LEFT SHUFFLE

1-8 Repeat above steps with other foot

## FORWARD, ¼ TURN X 3, ROCK, STEP & ROCK, STEP &

- Right forward, 1/4 turn right stepping left back 1-2
- 3-4 1/4 turn right on right, 1/4 turn right on left
- 5-6& Right forward, recover on left, right next to left
- 7-8& Left forward, recover on right, left next to right

#### REPEAT





Wall: 4