Rider's Waltz (P)



Count: 60 Wall: 1 Level: Improver wheelchair dance

Choreographer: Roy East (UK)

Music: Your own favorite slow waltz



Position: Side by Side

1 Roll forward 2-3 Slow down 4 Roll forward 5-6 Slow down

1 Roll forward 2-3 Slow, stop 4 Roll back 5-6 Slow down

1 MAN: Roll backLADY: Roll back2-3 MAN: Slow down

LADY: Slow down turning 1/4 left

4 MAN: Roll back LADY: Hold

5-6 MAN: Slow down turning 1/4 left

LADY: Hold

Both now facing ILOD side by side

BOTH

1 Roll forward at an angle to right 2-3 Slow, stop 4 Roll back turning slightly to face ILOD again 5-6 Slow, stop Roll forward at an angle to left 1 2-3 Slow, stop 4 Roll back (still at angle) 5-6 Slow down turning left 1/8 turn

Now facing RLOD lady behind man

1 Roll forward 2-3 Slow, stop 4 Roll back

5-6 Slow down turning 1/4 left (to face OLOD)

1 Roll forward 2-3 Slow, stop 4 Roll back

5-6 Slow down turning ¼ left (to face back to LOD)

1 MAN: Roll forward at an angle to left

LADY: Roll forward at an angle to right
2-3
MAN: Slow down turning back to LOD
LADY: Slow down turning back to LOD

4 **MAN:** Roll forward

LADY: Hold

5-6 **MAN:** Slow, stop

LADY: Hold

Now back to side by side

1 **MAN:** Hold partner's left hand with right hand

LADY: Hold partner's right hand with left hand

2-3 MAN: Hold

LADY: Hold

4-5-6 **MAN:** Bow head to partner

LADY: Bow head to partner

BOTH

1 Let go hands

2-3 Rest hands on wheels

4-5-6 Hold

REPEAT