Rider's Waltz (P)



Count: 60 Wall: 1 Level: Improver wheelchair dance

Choreographer: Roy East (UK)

Music: Your own favorite slow waltz



Position: Side by Side

1	Roll forward
2-3	Slow down
4	Roll forward
5-6	Slow down

1	Roll forward
2-3	Slow, stop
4	Roll back
5-6	Slow down

1	MAN: Roll back
	LADY: Roll back
2-3	MAN: Slow down

LADY: Slow down turning 1/4 left

4 MAN: Roll back LADY: Hold

5-6 MAN: Slow down turning 1/4 left

LADY: Hold

Both now facing ILOD side by side

BOTH

1	Roll forward at an angle to right	
2-3	Slow, stop	
4	Roll back turning slightly to face ILOD again	
5-6	Slow, stop	
1	Roll forward at an angle to left	
2-3	Slow, stop	
4	Roll back (still at angle)	
5-6	Slow down turning left 1/8 turn	
Now facing RLOD lady behind man		

1 Roll forward

=	
2-3	Slow, stop
4	Roll back

5-6 Slow down turning ¼ left (to face OLOD)

1 Roll forward 2-3 Slow, stop 4 Roll back

5-6 Slow down turning ¼ left (to face back to LOD)

1 MAN: Roll forward at an angle to left

LADY: Roll forward at an angle to right

2-3

MAN: Slow down turning back to LOD

LADY: Slow down turning back to LOD

4 **MAN:** Roll forward

LADY: Hold

5-6 **MAN:** Slow, stop

LADY: Hold

Now back to side by side

1 **MAN:** Hold partner's left hand with right hand

LADY: Hold partner's right hand with left hand

2-3 MAN: Hold

LADY: Hold

4-5-6 **MAN:** Bow head to partner

LADY: Bow head to partner

BOTH

1 Let go hands

2-3 Rest hands on wheels

4-5-6 Hold

REPEAT