

Rock And Shuffle

Count: 40

Wall: 4

Level: Improver

Choreographer: Kathleen Slattery (USA)

Music: Two Pink Lines - Eric Church



ROCK, RECOVER, SIDE SHUFFLE, FULL TURN, ROCK, RECOVER

1-2-3&4 Rock left over right, recover on right, left side shuffle

5-8 Full turn to left, rock right over left, recover on left

SIDE SHUFFLE, FULL TURN, ROCK, RECOVER, SIDE SHUFFLE

1&2-3-4 Right side shuffle, full turn to right

5-6-7&8 Rock left over right, recover on right, left side shuffle

RIGHT SHUFFLE, LEFT SHUFFLE, TURN AND ROCK, RECOVER, RIGHT CROSS SHUFFLE

1&2-3&4 Forward right shuffle, forward left shuffle

5-6-7&8 Turn ¼ left and rock on right, recover on left, right cross shuffle

ROCK, RECOVER, LEFT CROSS SHUFFLE, ROCK, RECOVER, FULL TURN WITH TRIPLE STEP

1-2-3&4 Rock on left side, recover on right, left cross shuffle

5-6-7&8 Rock forward on right, recover on left, full turn to right with triple step

ROCK, RECOVER, COASTER STEP, STEP FORWARD, ½ TURN LEFT, SIDE SHUFFLE

1-2-3&4 Rock forward on left, recover on right, coaster step

5-6-7&8 Step forward on right, turn ½ left, right side shuffle

REPEAT
