

Rock Solid

Count: 64

Wall: 2

Level:

Choreographer: Trevor Smith (AUS)

Music: Rockin' The Rock - Larry Stewart



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- | | |
|--|---|
| 1-2 | Left swivet and center |
| 3-4 | Right swivet and center |
| &5 | Jump back at 45 degrees left onto left foot to tap right heel forward at 45 degrees right |
| &6 | Jump feet back together |
| &7 | Jump back at 45 degrees right onto right foot to tap left heel forward at 45 degrees left |
| &8 | Jump feet back together |
| | |
| 9-10 | Jump backwards onto left foot, step right foot in beside left |
| 11-12 | Right knee roll |
| 13-14 | Left knee roll |
| 15-16 | Jump backwards onto right foot, step left foot in beside right |
| | |
| 17-18 | Swivel heels right, swivel toes right |
| 19-20 | Swivel heels right, raise left foot up behind & slap heel with right hand |
| 21-22 | Swivel heels left, swivel toes left |
| 23-24 | Swivel heels left, raise right foot up behind & slap heel with left hand |
| | |
| 25 | Step forward onto right foot |
| 26 | Scoot forward on right foot as you hitch left knee & slap it with right hand |
| 27 | Step forward onto left foot |
| 28 | Scoot forward on left foot as you hitch right knee & tipping hat while touching it with left hand |
| 29-30 | Repeat steps 25 & 26 |
| 31-32 | Step forward on left foot, hitch right knee while tipping hat touching brim with left hand |
| | |
| 33 | Turn a ½ turn right as you step backwards onto right foot |
| 34 | Scoot on right foot as you hitch left knee while sweeping hat brim |
| 35 | Turn a ½ turn right as you step backwards onto left foot |
| 36 | Scoot on left foot as you hitch right knee |
| The following backwards heel switches are performed as you travel backwards | |
| 37 | Jump backwards onto left foot tapping left heel forward at 45 degrees left |
| 38 | Jump backwards onto right foot tapping right heel forward at 45 degrees right |
| 39 | Jump backwards onto left foot tapping left heel forward at 45 degrees left |
| 40 | Jump backwards bringing feet together |
| | |
| 41-42 | Cross right foot over left, hold |
| 43-44 | Pivot a ½ turn right ending weight on right foot |
| 45-46 | Cross left foot behind right, hold |
| 47-48 | Pivot a ½ turn left ending weight on left foot |
| | |
| 49-50 | Touch right toe in front, hitch right knee in front |
| 51-52 | Touch right toe out to right side, hitch right knee out to right side |
| 53-54 | Touch right toe behind, hitch right knee behind |
| 55-56 | Touch right toe out to right side, hitch right knee out to right side |
| | |
| 57 | Step forward onto right foot turning shoulder so as to look over right shoulder & elbow |
| 58 | Lock left foot up to & behind right heel keeping head & shoulders in position |

- 59 Step forward onto right foot turning shoulder so as to look over right shoulder & elbow
- 60 Pivot ½ turn right on ball of right foot as you hitch left knee
- 61 Step forward onto left foot turning shoulder so as to look over left shoulder & elbow
- 62 Lock right foot up to & behind left heel keeping head & shoulders in position
- 63-64 Step forward onto left foot, stomp right foot in beside left

REPEAT
