

Rolly Poly

Count: 32

Wall: 0

Level:

Choreographer: David Camm (AUS)

Music: Rolly Poly - The Chicks



1&2&	Jump both feet out, jump both feet together, jump both feet back, slap both hands on thighs
3&4&	Step forward on right, scuff left, step forward on left, scuff right
5&6&	Cross right over left, step left to left side, rock back to right, cross left over right
7&8	Step right to right side, rock weight to left, cross right over left
9-10	Touch left toe to left side (don't take weight), pop right knee (take weight on left)
11&12	Pop left knee (take weight on right), pop right knee (take weight on left), pop left knee (take weight on right)
13&14	Take weight on left as you twist left heel out & step right to right side, step ball of left foot beside right, twist left heel out as you step right to right side
&15-16	Step ball of left foot beside right, twist left heel out as you step right to right side, step left beside right
17&18&	Step left to left side, step right behind left, step left turning ¼ turn left, tap right toe beside left
19&20&	Step right to right side, step left behind right, step right to right side, tap left beside right
21&22&	Step left to left side, step right behind left, step left turning ¼ turn left, hitch right leg turning ¼ turn left
23&24&	Step right to right side, hitch left leg and turn ¼ turn left, turn ½ turn left stepping forward on left, scuff right
25&26&	Rock forward on right, rock back on left, turn ½ turn right stepping onto right, hitch left leg turning ¼ turn right
27&28&	Step left to left side, hitch right leg while turn ¼ turn right, turn ½ turn right stepping onto right, scuff left foot forward
29&30&	Rock forward on left, rock back on right, turn ½ turn left stepping on to left, hitch right turning ¼ turn left.
31&32&	Step right to right side, hitch left leg turning ¼ turn left, turn ½ turn left stepping on to left, step right next to left.

REPEAT