Rolly Poly



Count: 32 Wall: 0 Level:

Choreographer: David Camm (AUS)

Music: Roly Poly - The Chicks



1&2& 3&4& 5&6& 7&8	Jump both feet out, jump both feet together, jump both feet back, slap both hands on thighs Step forward on right, scuff left, step forward on left, scuff right Cross right over left, step left to left side, rock back to right, cross left over right Step right to right side, rock weight to left, cross right over left
9-10	Touch left toe to left side (don't take weight), pop right knee (take weight on left)
11&12	Pop left knee (take weight on right), pop right knee (take weight on left), pop left knee (take weight on right)
13&14	Take weight on left as you twist left heel out & step right to right side, step ball of left foot beside right, twist left heel out as you step right to right side
&15-16	Step ball of left foot beside right, twist left heel out as you step right to right side, step left beside right
17&18&	Step left to left side, step right behind left, step left turning ¼ turn left, tap right toe beside left
19&20&	Step right to right side, step left behind right, step right to right side, tap left beside right
21&22&	Step left to left side, step right behind left, step left turning ¼ turn left, hitch right leg turning ¼ turn left
23&24&	Step right to right side, hitch left leg and turn $\frac{1}{4}$ turn left, turn $\frac{1}{2}$ turn left stepping forward on left, scuff right
25&26&	Rock forward on right, rock back on left, turn $\frac{1}{2}$ turn right stepping onto right, hitch left leg turning $\frac{1}{4}$ turn right
27&28&	Step left to left side, hitch right leg while turn ¼ turn right, turn ½ turn right stepping onto right, scuff left foot forward
29&30&	Rock forward on left, rock back on right, turn ½ turn left stepping on to left, hitch right turning ¼ turn left.
31&32&	Step right to right side, hitch left leg turning $\frac{1}{4}$ turn left, turn $\frac{1}{2}$ turn left stepping on to left, step right next to left.

REPEAT