# Rough & Ready

**Count: 32** 

Level: Intermediate east coast swing

Choreographer: Johnny Montana (USA)

Music: Rough & Ready - Trace Adkins

## SHUFFLE FORWARD, SHUFFLE FORWARD

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left

## ROCK-STEP-CROSS, SIDE-CROSS-SIDE

- 5&6 Step out to right side and rock, step onto left foot (replace weight), cross right over left and step
- 7&8 Step to left side onto left foot, cross right behind left and step, step to left side onto left foot

## ROCK, REPLACE, SHUFFLE WITH ¼ TURN

- 9-10 Cross right foot over left and step, step back (replace weight) onto left foot
- 11&12 Shuffle to right side right, left, right making a 1/4 turn to right

## SHUFFLE WITH ¼ TURN, COASTER STEP

- Shuffle forward left, right, left making a 1/4 turn to right 13&14
- 15&16 Step back onto sole of right foot, step onto sole of left foot next to right, step forward onto right foot

## HEEL-STEP-TOE-STEP-HEEL-STEP-TOE

- 17& Touch left heel forward, step onto left foot next to right
- 18& Touch right toe next to left instep, step onto right foot next to left
- 19& Touch left heel forward, step onto left foot next to right
- 20 Touch right toe next to left instep

## **OUT-OUT-IN-IN-ROCK-STEP-CROSS**

- 21& Step slightly out to right side onto sole of right foot, step slightly out to left side onto sole of left foot
- 22& Step back to home position onto sole of right foot, step onto sole of left foot next to right
- 23& Step out to right side onto right foot and rock, step onto left foot (replace weight)
- 24 Cross right behind left and step

## SHUFFLE WITH ¼ TURN, STEP, TURN

- 25&26 Shuffle to left side left, right, left, making a 1/4 turn to right (to the right)
- 27-28 Step forward onto right foot, make a <sup>1</sup>/<sub>2</sub> turn pivot left (to the left) and replace weight onto left foot

## FORWARD RIGHT COASTER STEP, BACK LEFT COASTER STEP

- 29&30 Step forward onto right foot, step onto left foot next to right, step back onto right foot
- 31&32 Step back onto left foot, step onto right foot next to left, step forward onto left

## REPEAT

TAG

After 1st wall

1-4 Step forward onto right foot bend knee and shake butt or shoulders 3 times to beat pushing back on 4th count possibly kicking right foot forward

## And then restart



## Wall: 4

#### After 2nd wall

1-8 Step forward onto right foot bend knee and shake butt or shoulders 7 times to beat pushing back on 8th count possibly kicking right foot forward

## And then restart

## After 3rd wall

1-2 Rock forward onto right foot, replace weight back to left foot
3-4 Rock back onto right foot, replace weight forward onto left foot
5-6 Rock forward onto right foot, replace weight back to left foot
7-8 Rock back onto right foot, replace weight forward onto left foot
9-12 Step forward onto right foot bend knee and shake butt or shoulders 3 times to beat pushing back on 4th count possibly kicking right foot forward
And then restart

#### After 4th wall

1-2	Rock forward onto right foot, replace weight back to left foot
3-4	Rock back onto right foot, replace weight forward onto left foot
5-6	Rock forward onto right foot, replace weight back to left foot
7-8	Rock back onto right foot, replace weight forward onto left foot
9-16	Step forward onto right foot bend knee and shake butt or shoulders to beat 7 times pushing back on 8th count possibly kicking right foot forward

#### And then restart