Roughneck

Count: 32

Level: Intermediate

Choreographer: John "Grrowler" Rowell (UK)

Music: Let Freedom Ring - Rodney Crowell

Dedicated to the men who crew Ninian Central Platform (Somewhere between The Shetland Islands & Norway)

STEP, TURN, KICK, FLICK TURN, BACK, BACK, HEEL JACK

- 1-2 Step forward right, pivot quarter turn left. (keeping weight on left)
- Kick right forward, flick right back turning quarter turn left on left 3-4
- 5-6 Step back right, step back left
- Small jump back on right, extend left heel diagonally forward &7
- &8 Step down on left, stomp right next to left

HEELS, TOES, HEELS, TOES, HALF TURN HEEL SWITCHES

- 9-10 Swivel both heels to left, swivel both toes to left
- 11-12 Swivel both heels to left, swivel both toes to left

For added styling, bend knees while doing swivels, lower the better!

The next four counts are carried out while making a half turn left.

- Touch right heel forward, step right in place, touch left heel forward 13&14
- &15& Step left in place, touch right heel forward, step right in place
- 16& Touch left heel forward, step left in place

ROCK, RECOVER, COASTER STEP, STEP, TURN, DIAGONAL SHUFFLE

- 17-18 Rock forward on right, recover weight on left
- 19&20 Step back right, step back left, step forward right
- 21-22 Step forward left, pivot half turn (one eighth) right
- Weight on right, slightly more than half turn, preparing for diagonal shuffle.
- 23&24 Step diagonally forward left, close right to left, step forward left

STEP, TOUCH, QUARTER TURN SHUFFLE, JAZZ BOX

- 25-26 Step diagonally forward right, touch left next to right
- 27 Step left quarter (one eighth) turn left, (to face 3:00 wall)
- &28 Close right next to left, step forward left
- 29-30 Cross right in front of left, step back left
- 31-32 Step right next to left, step forward left

REPEAT





Wall: 4