

Running Deep

Count: 32

Wall: 4

Level: Improver

Choreographer: Maureen Jones (UK) & Michelle Jones (UK)

Music: I Just Want Love - Mindy McCready



SHUFFLE, MAMBO, BACK SHUFFLE, COASTER

- 1&2 Shuffle forward stepping right, left, right,
- 3&4 Rock forward on left, recover back onto right, step left back
- 5&6 Shuffle back stepping right, left, right
- 7&8 Step left back, step right beside left, step left forward

SIDE-TOGETHER-FORWARD, SIDE SHUFFLE, BACK, DRAG, SIDE-TOGETHER-FORWARD

- 9&10 Step right to right, step left beside right, step right forward
- 11&12 Shuffle left stepping left, right, left
- 13-14 Step right large step back, drag left to touch beside right
- 15&16 Step left to left, step right beside left, step left forward

¼ TURN, SIDE SHUFFLE, CROSS ROCK, SAILOR ¼ TURN, ¼ TURN, SIDE SHUFFLE

- 17&18 Make ¼ turn left and then shuffle to right side stepping right, left, right
- 19-20 Rock left across right, recover onto right
- 21&24 Step left behind right, make ¼ turn left and step right to right, step left forward
- 25&26 Make ¼ turn left and then shuffle to right side stepping right, left, right

CROSS, POINT, KICK-BALL-POINT, CROSS, UNWIND ½ TURN, BACK ROCK

- 25-26 Step left across right, point right to right
- 27&28 Kick right forward, step right forward, point left to left
- 29-30 Touch left across right, unwind ½ turn right (weight on left)
- 31-32 Rock back on right, recover forward onto left

REPEAT
