Count: 32
Wall: 0
Level: Partner
Choreographer: Carole Daugherty (USA) \& Frank Cooper (CAN)
Music: Sexual Healing - Max-A-Million

Position: Facing OLOD, Hammer hold

## Both: begin facing OLOD

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STEP RIGHT SIDE, LEFT SLIDE, RIGHT CROSSING SHUFFLE, STEP 1/4 LEFT, RIGHT LOCK, LEFT FORWARD SHUFFLE
1-2 Step right foot to right side towards RLOD, slide left behind
3\&4 Cross right over left, step together with left, cross right over left
5-6 Step forward \(1 / 4\) left on left, lock right behind
7\&8 Step forward left, step together with right, step left forward
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| SWIVEL WALK RIGHT, LEFT, RIGHT COASTER STEP, STEP LEFT, PIVOT $1 / 4$ RIGHT, LEFT CROSSING |  |
| :--- | :--- |
| SHUFFLE |  |
| $1-2$ Step forward on right foot with heel turned in, step forward on left with heel turned in <br> $3 \& 4$ Step back on right, together with left, step forward on right <br> $5-6$ Step forward on left, pivot $1 / 4$ right facing OLOD <br> $7 \& 8$ Cross left over right, step right together, cross left over right |  |

HIP PUSHES, WEAVE, STEP $1 / 4$ LEFT, RIGHT LOCK, STEP $1 / 4$ LEFT \& STEP SIDE RIGHT, LEFT BEHIND
1-2 Push right hip upwards right, push hip further right leaving weight on left
Hands: left to left on lady's left hip, right to right on lady's right hip
3\&4 Step right behind left, step left to left side, step right across left
5-6 Step left $1 / 4$ left facing LOD, lock right behind
Release hands switching to closed position on counts 7\&8
7\&8 LADY: (Facing ILOD) step left $1 / 4$ left facing ILOD, step right out to right side, step left behind (or next to right)
MAN: (Facing OLOD) step left foot left, step right next to left

## HIP PUSHES, SAILOR, POINT, PRESS, SWEEPING LEFT ½ SAILOR (RECOVER, TRIPLE STEP FOR MAN)

1-2 LADY: (Facing ILOD) push right hip upwards right, push right hip further right
MAN: (Facing OLOD) push left hip upwards left, push left hip further left
$3 \& 4$ LADY: Step right behind left, step together with left, step down on right
MAN: Step left behind right, step together with right, step down on left
5-6 LADY: Step left toe forward diagonally left across partner, lift heel \& press into ball of left foot
Release man's right \& lady's left hand on count 7, man wraps lady's right over her head with his left to exchange and return to hammer hold on count 8
5-6 MAN: Rock back on right foot allowing lady to press forward, recover forward on left $7 \& 8 \quad$ LADY: Push off left with sweeping $1 / 2$ turn left stepping left, step right together, step left.

MAN: Triple step in place right, left, right
REPEAT

