Saddle Up



Count: 0 Wall: 2 Level: Intermediate/Advanced

Choreographer: Alan Birchall (UK)

Music: Save a Horse (Ride a Cowboy) - Big & Rich



Sequence: AB, AB, AA, AB & 16 counts

Instead of air guitars, we have air drums. Use them!

PART A

WALK FORWARD, KICK BALL TOUCH, TWIST ½ TURN, ¼ SAILOR TURN, POINT

1-2 Walk forward right, left

3&4 Kick right foot forward, step right by left, touch left toe back (moving slightly backwards)

5 Dipping down slightly twist ½ turn to left (6:00)

6&7 Cross left behind right, step right to right making ¼ turn left, step left in place (3:00)

8 Point right to right

STEP, POINT, ½ TURN, CROSS, SIDE, TOGETHER, POINT, CROSS, BACK, SIDE, CROSS

&9-10 Step right by left, point left to left, make ½ turn left bringing left by right (9:00)

11-12 Cross right over left, step left to left &13 Step right by left, point left to left

14 Cross left over right

15&16 Step back on right, step left to left, cross left over right

TWIST 1/4 TURN, KICK BALL STEP, MAMBO, 1/2 SHUFFLE TURN

17&18 Twist heel right, left, right, making ½ turn left (6:00)

19&20 Kick right foot forward, step right by left, step forward on left 21&22 Rock forward on right, recover on left, step back on right foot

23&24 Make ½ shuffle turn left stepping left, right, left

CROSS, BACK, SYNCOPATED WEAVE, 1/4 TURN, STEP, 1/2 PIVOT, STEP

25-26 Cross right over left, step back on left &27 Step right by left, cross left over right &28 Step right to right, cross left behind right

29 Making ¼ turn right step forward on right (3:00)

30-31 Step forward on left, ½ pivot right (9:00)

32 Step left by right

PART B

SCUFF, HITCH, STEP TWICE, CHUG FORWARD

Scuff right by left, hitch right, step right to right Scuff left by right, hitch left, step left to left

5-6 Legs should be bowed as if astride a saddle chug forward

Arms out to front as if riding a horse
7-8 Chug forward

Arms out to front as if riding a horse

SAILOR STEP, BEHIND, SIDE, CROSS, PADDLE TURNS WITH HIP BUMPS

9&10 Cross right, behind left, step left to left, step right by left
11&12 Cross left behind right, step right to right, cross right over left

The following hip bumps are to be done with attitude

Making 1/8th turn left touch right to side pushing right hip out, bump hip to left
Making 1/8th turn left touch right to side pushing right hip out, bump hip to left (6:00)

Making ½ turn left touch right to side pushing right hip out, bump hip to left (3:00)

Making ¼ turn left touch right to side pushing right hip out (12:00)

HEEL JACK, STEP, CROSS, SHUFFLE, HEEL JACK, HEEL SWITCH, STEP, ½ PIVOT

&17 Step right to right, cross left over right

&18 Step diagonally back on right, extend left heel to diagonal

&19 Step left by right, cross right over left&20 Step left to left, cross right over left

&21 Step diagonally back on left, extend right heel forward

&22 Step right by left, touch left heel forward

&23-24 Step left by right, step forward on right, ½ pivot left (6:00)

SCUFF, HITCH, STOMP, HOLD HIP BUMPS, WALK

25 Step forward on right

Scuff, hitch left past right, stomp forward with left

"Save a horse"

28 Hold

29&30 Bump hips left, left, left - with attitude

"Ride a cowboy"

31-32 Step forward on right, step forward on left

SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK

33&34 Scuff, hitch right past left, stomp forward with right

35-36 Hold

"Save a horse"

37&38 Bump hips right, right - with attitude

"Ride a cowboy"

39-40 Walk forward right, left

End of Part B

ENDING

At the end of the song there are extra counts. Add this tag

WALK, SCUFF, HITCH, STOMP. HOLD, HIP BUMPS, WALK, SCUFF, HITCH, STOMP. HOLD, POSE

1&2 Scuff, hitch right past left, stomp forward with right

3-4 Hold

"Save a horse"

5&6 Bump hips right, right - with attitude

"Ride a cowbov"

7-8 Walk forward right, left

9&10 Scuff, hitch right past left, stomp forward with right

11-12 Hold

"Save a horse"

13-16 Hip roll & pose - with attitude

"Ride a cowboy"