The Sailors Hornpipe

Level: ultra Beginner

Choreographer: Barbara Lowe (UK)

Count: 32

Music: The Sailors Hornpipe - The Royal Philharmonic Orchestra

This is a very fast intro. Start dancing at 11 sec

RIGHT MAMBO, LEFT COASTER STEP (TWICE)

- Rock forward on right, recover to left in place, step right foot together, hold 1-4
- 5-8 Step left foot back, step right foot together, step left foot forward, hold
- 9-16 Repeat 1-8

WEAVE RIGHT, ROCK AND CROSS, TURN, STEP

- Step right to side, step left behind right, step right to side, cross step left over right 1-4 5-8 Repeat 1-4
- 9-12 Rock right to side, recover to left, cross right over left, hold
- 13-16 Step forward on left, turn 1/2 right (weight to right), step forward on left, hold

REPEAT





Wall: 2