# The Sake Of My Pride



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Michael Lynn (UK)

Music: Amazing - Westlife



### HEEL SWITCHES, TOE SWITCHES, TWIST, SHUFFLE BACK LEFT

1&2& Touch right heel forward, step right beside left, touch left toe behind right, step left beside

right

Touch right toe behind left, step right beside left, touch left toe forward

Twist both heels outward, twist both heels back to center

Step back left, close right beside left, step back left

# DOUBLE TIME GRAPEVINE, RIGHT ROCK RECOVER, 3/4 TURNING TRIPLE RIGHT

Step right to right side, cross left behind right, step right to right side, step left to right side Step right to right side, cross left behind right, step right to right side, step left to right side

5-6 Step right forward, rock weight back onto the left 7&8 Triple step 3/4 turn right, stepping - right, left, right

## STRUTTING JAZZ BOX

1-2 Cross left toe over right, drop heel to the floor
 3-4 Step right toe back, drop heel to the floor
 Restart dance from beginning at this point on wall 6

5-6 Step left toe to left side, drop heel to the floor 7-8 Step right toe to right side, drop heel to the floor

## VAUDEVILLE LEFT, TOE POINTS, CROSS OVER, UNWIND

1-2 Step diagonally back left on left, cross right over left

3-4 Step diagonally back left on left, touch right heel diagonally forward right

Restart dance from beginning at this point on walls 2, 4, 5, 7

Point left toe to left side, step left foot next to right, point right toe to right

7-8 Cross right foot over left, unwind ½ turn over left shoulder

#### **REPEAT**

#### **RESTART**

Restart after count 20 on wall 6.

Restart after count 28 on walls 2, 4, 5, and 7.