

Scottish Cowboy

Count: 46

Wall: 0

Level:

Choreographer: John Pannell (AUS)

Music: Rhythm of My Heart - Rod Stewart



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|-------|----------------------------------------------------------------------------------------|
| 1&2 | Step left behind right, step right together, step left to side |
| 3&4 | Step right behind left, step left together, step right to side |
| 5&6 | Step left behind right, step right together, step left to side |
| 7&8 | Step right behind left, step left together, step right to side |
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| 9&10 | Shuffle forward left-right-left |
| 11-12 | Rock forward on right, rock back on left |
| 13&14 | Shuffle back right-left-right |
| 15-16 | Rock back on left, rock forward on right |
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| 17&18 | Shuffle to right commencing with left foot stepping across in front (left-right-left) |
| 19-20 | Turning full turn right step right-left |
| 21-24 | Step right to side with hip bump right, then hip bumps left-right-left |
| 25&26 | Shuffle to left commencing with right foot stepping across in front (right-left-right) |
| 27&28 | Turn ¼ turn left while shuffling forward left-right-left |
| 29-34 | (Sugar foot) traveling right-toe, heel, toe, heel, toe, stomp |
| 35-38 | Vine left: left-right-left-stomp right |
| 39-40 | Step forward on right while turning ½ turn left, step left together |
| 41&42 | Shuffle to left commencing with right foot stepping across in front (right-left-right) |
| 43-46 | Step left to side with hip bump left, then hip bumps right-left-right |

REPEAT
