The Second Time Around

Level: Improver

Choreographer: Carol Mckee (AUS)

Count: 64

Music: It Hurts Me More The Second Time Around - The Insiders

SIDE, BEHIND, SIDE, ACROSS, SIDE, ROCK, BEHIND, ROCK

- 1-2-3-4 Step right to right side, step left behind right, step right to right side, step left across right
- 5-6-7-8 Step right to right side, rock onto left, step right behind left, rock onto left

SIDE, ROCK, CROSS SHUFFLE, SIDE, BEHIND, ¼ TURN, SCUFF

- 1-2-3&4 Step right to right side, rock onto left, cross shuffle: right-left-right
- 5-6-7-8 Step left to left, step right behind left, turning ¼ turn left step forward left, scuff right

ROCKING CHAIR, PADDLE TURN, PIVOT TURN

- 1-2-3-4 Step right forward, rock back onto left, step right back, rock forward onto left
- 5-6 Step right forward, turning ¼ turn left, take weight onto left
- 7-8 Pivot: step right forward, turn ¹/₂ turn left take weight onto left

FORWARD, ROCK BACK, ½ TURN, HOLD, FULL TURN, TOUCH

- 1-2 Step right forward, rock back onto left
- 3-4 Turn ¹/₂ turn right step forward onto right, hold
- 5-6-7-8 Turning full turn right step left-right-left, touch right next to left

SIDE, ROCK, CROSS SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

- 1-2-3&4 Step right to right side, rock onto left, cross shuffle: right-left-right
- 5-6-7&8 Step left to left side, rock onto right, cross shuffle: left-right-left

FORWARD, ROCK BACK, ½ TURN, HOLD, FULL TURN, TOUCH

- 1-2 Step right forward, rock back onto left
- 3-4 Turn ¹/₂ turn right step forward onto right, hold
- 5-6-7-8 Turning full turn right step left-right-left, touch right next to left

FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, TOUCH

- 1-2 Step right forward, touch left toe behind right
- 3-4 Step left back, touch right toe next to left
- 5-6 Step right back, touch left toe across in front of right
- 7-8 Step left forward, touch right toe next to left

TWO ¼ MONTEREY TURNS

- 1-2 Touch right to right side, turn ¼ turn right on ball of left stepping right next to left
- 3-4 Touch left to left side, step left next to right
- 5-6 Touch right to right side, turn 1/4 turn right on ball of left stepping right next to left
- 7-8 Touch left to left side, step left next to right

REPEAT





Lev

Wall: 2