

The Sefton Shuffle

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Chris Peel (UK)

Music: The Tulsa Shuffle - The Tractors



Allow 4 bars intro. Begin on the word "music"

This dance is dedicated to all the beginners in Phil & Shirley's Friday class

HEEL/TOE TAPS, KICK-BALL CHANGE (RIGHT THEN LEFT). SIDE, TOGETHER, SIDE SHUFFLE

- | | |
|-------|--|
| 1-4 | Tap right heel forward, touch right toe back, kick right forward - step right in place, step left together |
| 5-8 | Side step right, step left together, side step right - step left together, side step right |
| 9-12 | Touch left heel forward, touch left toe back, kick left forward - step left in place, step right together |
| 13-16 | Side step left, step right together, side step left - step right together, side step left |

¼ TURN RIGHT, KICK, MOVING BACK: STEP BACK, KICK (X3)

- | | |
|-------|---|
| 17-20 | Step ¼ turn right (on right), kick left forward, step back left, kick right forward |
| 21-24 | Step back right, kick left forward, step back left, kick right forward |

Moving forward:

WALK, WALK, SHUFFLE FORWARD. PIVOT ½ TURN RIGHT, SHUFFLE FORWARD

- | | |
|-------|---|
| 25-28 | Walk forward right, left shuffle forward right - left, right |
| 29-32 | Step forward left into pivot ½ right taking weight onto right, shuffle forward left - right, left |

REPEAT