S.E.N.M.R.Y.L.A.R.

Count: 32 Wall: 4 Level: Choreographer: Sebastiaan Holtland (NL), Erik van Mullem, Nicky Du Breuil, Mary Kalidien, Romina Bussenius, Yoeri Chinakwie, Lieke Rijpkema, Anaifely Brion & Roy Hadisubroto (IRE)

Music: We Be Burnin' - Sean Paul

OUT, WEIGHT CHANGE, OUT, TOGETHER, OUT, TOGETHER (SEBASTIAAN HOLTLAND)

- Step right to right side and pop both knees out 1
- & Pop both knees in
- 2 Weight change to left side and pop both knees out
- & Pop both knees in
- 3 Weight change to right side and pop both knees out
- & Step left next to right and pop both knees in
- 4 Step right to right side and pop both knees out
- & Step left next to right

WALK AROUND (ERIK VAN MULLEM)

5-8 Walk in a circle starting with right

HEEL, HOOK, HEEL, FLICK, HEEL, HITCH, TOGETHER (NICKY DU BREUIL)

- 1 Right heel forward
- & Right hook in front of left
- 2 Right heel forward
- & Right flick to right side
- 3 Right heel forward
- & **Right hitch**
- 4 Right next to left

JUMP OUT, BOUNCE (2X), JUMP TOGETHER, BOUNCE (2X) (MARY KALIDIEN)

- 5 Jump both feet out and bounce
- Both arms waving forward
- 6 Bounce
- Both arms waving forward
- 7 Jump both feet together and bounce

Right arm in front of body and left arm stretched out

- 8 Bounce
- Both arms in same position

KICK, STEP, ROCK STEP, ¼ TURN, KICK, STEP, ROCK STEP (ROMINA BUSSENIUS)

- 1 Kick right forward
- & Right step forward
- 2 Rock left to left side
- & Recover back on right
- 3 Turn 1/4 to the left and kick left forward
- & Left step forward
- 4 Rock right to right side
- & Recover back on left

STEP, STEP, STEP, STEP (WITH SHAKE) (YOERI CHINAKWIE)

- Step right diagonally forward 5
- 6 Step left diagonally forward





7 Step right diagonally forward

8 Step left diagonally forward

With both arms in front of chest and shaking body

PADDLE TURN (WITH HIP ROLLS) (LIEKE RIJPKEMA)

- 1 Step right forward
- & Turn ¼ to the left
- 2 Step right forward & Turn ¼ to the left
- 3 Step right forward
- & Turn ¼ to the left
- 4 Step right forward
- & Turn ¼ to the left

All with hip rolls

TOUCH, HIP PUSH, TOUCH, HIP PUSH (ANAIFELY BRION, ROY HADISUBROTO)

- Touch right diagonally to the right and push hip to the right
- Wipe right shoulder with left hand
- 6 Step right next to left
- 7 Touch left diagonally to the left and push hip to the left

Wipe left shoulder with right hand

- & (Wipe right shoulder with left hand)
- 8 Step left next to right

REPEAT

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