Set Me Free

Count: 32	**Wall:** 4	**Level:** Intermediate

Choreographer: Ron Kline (USA)

Music: Unchain My Heart - Joe Cocker

JAZZ WITH CROSS STEP, SYNCOPATED WEAVE, STEP SIDE, HOLD

1-4	Cross step right over left, step back left, step side right, cross step left over right
&5	Step side right, cross step left behind right
&6	Step side right, cross step left over right
7-8	Step wide side right, hold dragging left towards right slightly

JAZZ WITH CROSS STEP, SYNCOPATED WEAVE, STEP SIDE, HOLD

1-4	Cross step left over right, step back right, step side left, cross step right over left
&5	Step side left, cross step right behind left
&6	Step side left, cross step right over left
7-8	Step wide side left, hold dragging right towards left slightly

ROCK STEP, TURN STEP, HOLD, STEP FORWARD, TURN BACK, TURN SIDE, HOLD

1-2	Rock on right in front of left, recover weight left
3-4	Turning ¼ right step forward right (3:00), hold
5-6	Step forward left, turning ½ left step back right (9:00)
7-8	Turning ¼ left step side left (6:00), hold

ROCK STEP, TURN STEP, STEP FORWARD, TURN BACK, TURN SWEEP, STEP

1-2	Rock on right in front of left, recover weight left
3-4	Turning ¼ right step forward right, step forward left (9:00)
5	Turning ½ left step back right (3:00)
6-8	Pivot ½ left on right for two counts sweeping left toe around, step forward left (9:00)

REPEAT

RESTART
There is only one restart in the dance for each song. Restart the ninth wall (starting wall) after 16 counts for Unchain My Heart and restart the fifth wall (also the starting wall) after 16 counts for 40 Days And 40 Nights At the end of Unchain My Heart the music slows down. Simply dance it through at regular tempo or fade it out