# Seven Year Itch (P)



Count: 32 Wall: 0 Level: Partner

**Choreographer:** Trent Cummings (USA) & Mary Cummings (USA)

Music: Seven Year Ache - Trisha Yearwood



Position: Right Open Promenade, lady on right, hands joined in single hand hold position, opposite footwork

## STEP, LOCK, STEP, TOUCH, STEP, LOCK, STEP, TOUCH

1-2	MAN: Step left foot at 45 degree angle (left), lock right foot behind left
	LADY: Step right foot at 45 degree angle (right), lock left foot behind right
3-4	MAN: Step left foot at 45 degree angle (left), touch right foot next to left
	LADY: Step right foot at 45 degree angle (right), touch left foot next to right
5-6	MAN: Step right foot at 45 degree angle (right), lock left foot behind right
	LADY: Step left foot at 45 degree angle (left), lock right foot behind left
7-8	MAN: Step right foot at 45 degree angle (right), touch left foot next to right
	I ADY: Step left foot at 45 degree angle (left), touch right foot next to left

## VINE APART, CLAP, VINE TOGETHER WITH 1/4 TURN

Release hands on vine, turn to face each other, and rejoin in the Closed Position Optional rolling turn for Steps 9-12: Man turns one full turn left, lady turns one full turn right

9-10 MAN: Step left with left foot, step behind with right foot

LADY: Step right with right foot, step behind with left foot

11-12 MAN: Step left with left foot, touch right foot next to left and clap

LADY: Step right with right foot, touch left foot next to right and clap

Optional rolling turn for Steps 13-16: Man turns one full turn right, lady turns one full turn left

13-14 MAN: Step right with right foot, step behind with left foot

LADY: Step left with left foot, step behind with right foot

15-16 MAN: Turn ¼ right and step down on right foot, touch left foot next to right

LADY: Turn 1/4 left and step down on left foot, touch right foot next to left

Rejoined in the Closed Position

#### STEP SLIDES TOWARD LOD, WALK TOWARD CENTER OF CIRCLE

Man's left and lady's right hands joined - lady turns under man's left arm Lady's optional rolling full turn to the right for Steps 17-20:

17-18 MAN: Step left foot to the left, slide right foot next to left

LADY: Step right foot to the right, slide left foot next to right

19-20 MAN: Step left foot to the left, touch right foot next to left

LADY: Step right foot to the right, touch left foot next to right

21-24 MAN: Walk backward (towards center of circle), right-left-right, touch left

LADY: Walk forward (towards center of circle), left-right-left, touch right

## TURN TOWARDS LOD, AND WALK ON A 45 DEGREE ANGLE TOWARDS OLOD, KICK AS YOU TURN, REJOIN HANDS IN RIGHT OPEN PROMENADE POSITION, SINGLE HAND HOLD

25-28 MAN: Turn ¼ left (toward LOD) and step down on the left foot, then angling 45 degrees

toward OLOD, step right, left, and kick right foot forward

LADY: Turn ¼ right (toward LOD) and step down on the right foot, then angling 45 degrees

toward OLOD, step left, right, and kick left foot forward

#### WALK BACK, HOOK

As you begin to walk back, straighten up to face LOD squarely

29-32 MAN: Walk back right, left, right, hook left foot in front of right

LADY: Walk back left, right, left, hook right foot in front of left