Sexy Sugar (P)

Count: 48

Level: Partner

Choreographer: Guy Dubé (CAN) & Edith Bourgault (CAN)

Music: Sugar - Sammy Kershaw

Position: Face LOD in Sweetheart Position, Side To Side Presented in August at the Atelier X-trême 2003 - Quebec, Canada		
SHUFFLE FOF	RWARD, TOUCH, ½ TURN RIGHT, TOUCH, STEP, STEP, PIVOT ½ TURN RIGHT	
1&2	Shuffle forward right, left, right	
3	Touch left toe forward in raising your left hip	
4	Drop left heel in place in dropping your left hip	
5	Touch right toe forward by raising your right hip in turning ½ turn right	
6	Drop right heel in place in dropping your right hip	
The partners are now in Reverse Sweetheart Position, (RLOD)		
7-8	Step left forward, pivot ½ turn right	
	, release left hands and raise right hands over the man's head theart Position, (LOD)	
SIDE, BEHIND BODY ROLLS	, (MAN: TRIPLE STEP) (LADY: TRIPLE STEP IN ½ TURN RIGHT), 4X HIP BUMPS OR 2X	
1-2	Step left to left, step right behind left foot	
3&4	MAN: Triple step left, right, left in place	
	LADY: Triple step left, right, left in ½ turn right	
The man and la	ady are now face to face, left hands crossed over the right hands	
5-6	Step right forward with 2 hip bumps right diagonally to right	
7-8	Two hip bumps left to left	
Option: body ro	ll upwards	
MAN: TRIPLE STEP, STEP, TOUCH, SIDE, TOUCH, SIDE, TOUCH / LADY: TRIPLE STEP IN ½ TURN LEFT, STEP, TOGETHER, SIDE, TOUCH, SIDE, TOUCH		
1&2	MAN: Triple step right, left, right in place	
	LADY: Triple step right, left, right in place in turning ½ turn left	
You are now in Indian Position, the man behind the lady with hands joined to the shoulders (LOD)		
3-4	MAN: Step left forward, toe touch right together left	
	LADY: Step left forward, step right together left	
5-6	MAN: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)	
	LADY: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)	
7-8	MAN: Step left to left, toe touch right out to right in extension (upper body turn diagonally to right)	
	LADY: Step right to right, toe touch left out to left in extension (upper body turn diagonally to left)	
The partners or	n the count 6 and 8 look directly eye to eye	
MAN: TRIPLE STEP, 2X SHUFFLES FORWARD, ROCK BACK / LADY: TRIPLE STEP IN ½ TURN RIGHT, 2X SHUFFLES FORWARD, ROCK BACK		
1&2	MAN: Triple step right, left, right in place	
	LADY: Shuffle left, right, left in ½ turn right	
Release left hands. The partners turn face to face with only right hands together		
3&4	MAN: Shuffle forward left, right, left	
	LADY: Shuffle backward right, left, right	





Wall: 0

Release right hands. The shuffles are done by pushing the left palms one against the other 5-6 MAN: Shuffle forward right, left, right		
5-0	LADY: Shuffle backward left, right, left	
Release left ha	ands. The shuffles are done by pushing the left palms one against the other	
7-8	MAN: Rock back with left foot, return weight forward on right	
	LADY: Rock back with right foot, return weight forward on left	
Man's hand: palm to the top holding the woman's hand in extension for the counts 7-8		
MAN: SHUFFLE LEFT FORWARD, TRIPLE STEP, TRIPLE STEP IN ¾ TURN LEFT, SIDE, ¼ TURN LEFT /		
LADY: SHUFFLE RIGHT FORWARD, TRIPLE STEP IN ½ TURN RIGHT, TRIPLE STEP, STEP, TOGETHER		
1&2	MAN: Shuffle forward left, right, left	
	LADY: Shuffle forward right, left, right	
The man and the woman are now back with back by being always held the right hands		
3&4	MAN: Triple step right, left, right but in traveling slightly to right	
	LADY: Triple step left, right, left in 1/2 turn right	
The lady is now behind the man and she takes her left hand		
5&6	MAN: Triple step left, right, left in ¾ turn left	
	LADY: Triple step right, left, right in place	
Release right hands and to finish by taking again right hands crossed over the left hands		
7-8	MAN: Step right to right, touch left together right in $\frac{1}{4}$ turn left	
	LADY: Step left forward, step right together left	
The right hands raise over the lady's head. The partners are back now in a Sweetheart Position (LOD)		
LINDY BASIC, STEP FORWARD WITH BODY ROLL, BODY ROLL		
1&2	Shuffle side left, right, left	
3-4	Rock back with right foot, return weight forward on left	
5-6	Step right diagonally forward by bending the knees, raise the body by pushing the hips forward	
7-8	Bend the knees, raise the body by pushing the hips forward	
Finish weight on right foot		

REPEAT

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