Shake It!

Level:

Choreographer: Don Deyne (USA)

Count: 64

Music: Who's Cheatin' Who - Alan Jackson

When using "The Shake", on the 2nd and 4th time through the dance, repeat counts 57-64 on the 8 extra counts of music.

SHAKE IT TO THE LEFT, SHAKE IT TO THE RIGHT

- 1-2 Bump hips left, bump hips right
- 3-4 Bump hips left, hold

(Option) lean left and shake anything you can for 4 counts

- 5-6 Bump hips right, bump hips left
- 7-8 Bump hips right, hold

(Option) lean right and shake anything you can for 4 counts

CROSS, HOLD, PIVOT, HOLD, LEFT, RIGHT, LEFT, TOUCH RIGHT

- 9-10 Rock step on ball of left across right, hold
- 11-12 Pivot ¼ turn right shifting back to right, hold
- 13-14 Face ¼ turn right and step together left, step in-place right
- 15-16 Step in-place left, touch right toe next to left foot

CROSS, HOLD, PIVOT, HOLD, RIGHT, LEFT, RIGHT, TOUCH LEFT

- 17-18 Rock step on ball of right across left, hold
- 19-20 Pivot ¼ turn left shifting weight back to left, hold
- 21-22 Face ¼ turn left and step together right, step in-place left
- 23-24 Step in-place right, touch left toe next to right foot

VINE LEFT, SCUFF RIGHT, ½ TURN VINE RIGHT, STEP LEFT

- 25-26 Side step left, step right behind left
- 27-28 Side step left, scuff forward right (or touch right toe)
- 29-30 Side step right, step left behind right
- 31-32 Face ¼ turn right and step right, pivot ¼ turn right and step together left

SHAKE IT TO THE RIGHT, SHAKE IT TO THE LEFT

- 33-34 Bump hips right, bump hips left
- 35-36 Bump hips right, hold
- 37-38 Bump hips left, bump hips right
- 39-40 Bump hips left, hold

CROSS, HOLD, 3-STEP ½ TURN RIGHT, HOLD

- 41-42 Rock step on ball of right across left, hold
- 43-44 Rock step back onto left in-place, hold
- 45-46 Face ¼ turn right and step right, face ¼ turn right and step together left
- 47-48 Step in-place right, hold (or touch left toe)

Weight is on right foot. You are now facing the original wall (12:00)

CROSS, HOLD, 3-STEP ½ TURN LEFT, HOLD

- 49-50 Rock step on ball of left across right, hold
- 51-52 Rock step back onto right in-place, hold
- 53-54 Face ¼ turn left and step left, face ¼ turn left and step together right
- 55-56 Step in-place left, hold (or touch right toe)





Wall: 2

Weight is on left foot. You are now facing the back wall (6:00)

SHIMMY RIGHT, SHIMMY RIGHT

(Option) clap hands on 58, 60, 62, and 64 (clap with the song)

- 57-58 Big side step right, begin dragging left toe to right foot shaking shoulders (or anything else)
- 59-60 Continue left toe drag, step together left
- 61-62 Big side step right, begin dragging left toe to right foot shaking shoulders
- 63-64 Continue left toe drag, touch left toe beside right

REPEAT

A lot of the touches on counts 4 and 8 may become holds. Primary concern would be where your weight is for the next step.