

# Shame On Me

Count: 64

Wall: 1

Level: Improver

Choreographer: Cato Larsen (NOR)

Music: Shame On Me - Rachel Proctor



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## **SIDE ROCK, SIDE SHUFFLE, CROSS ROCK, SWEEP INTO A SAILOR STEP ¼ TURN**

- 1-2 Step right to right, step left in place
- 3&4 Step right to right, step left next to right, step right to right
- 5-6 Step left across of right, rock (recover) back onto right
- & Sweep left counter to the right
- 7&8 Step left behind right, step right to right, turn ¼ turn left stepping forward on left

## **ROCK STEP, AND ROCK STEP, AND WALK FORWARD, SHUFFLE FORWARD**

- 1-2& Step forward on right, rock (recover) back onto left, step right next to left
- 3-4& Step forward on left, rock (recover) back onto right, step left next to right
- 5-6 Step forward on right, step forward on left
- 7&8 Step forward on right, step left next to right, step forward on right

## **ROCK STEP, ¼ TURN & POINT, HOLD, HIP BUMPS, SIDE ROCK & CROSS**

- 1-2 Step forward on left, rock (recover) back onto right
- &3-4 Pivot ¼ turn left stepping left to left side, point right toe to right side, hold
- 5-6 Bump your hips right, left
- 7&8 Step right to right side, rock (recover) back onto left, step right across of left

## **2X ¼ PIVOT TURN, CROSS SHUFFLE, SIDE ROCK, WEAVE**

- 1 Pivot ¼ turn right stepping back on left
- 2 Pivot ¼ turn right stepping right to right side
- 3&4 Step left across of right, step right to right side, step left across of right
- 5-6 Step right to right side, rock (recover) back onto left
- 7&8 Step right behind left, step left to left side, step right across of left

## **REPEAT IT ALL**

- 33-64 Repeat 1-32 mirror image. Everything is done the opposite way with the opposite foot

## **REPEAT**

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