Count: 0
Wall: 4
Level: Improver
Choreographer: Anita Ludlow (UK)
Music: The Show - Lauren Waterworth


## Sequence: AAB ACB AAC BB

## SECTION A (32 COUNTS)

BALL CHANGE, KICK, COASTER STEP, ½ PIVOT, STEP \& BOUNCE HEELS

| \&1-2 | Step back on ball of right foot (\&), recover weight on left foot (1), kick right foot forward (2) <br> (12:00) <br> Coaster step back by stepping right foot back (3), step left foot next to right (\&), step right foot <br> forward (4) |
| :--- | :--- |
| $3 \& 4$ | Step forward on left (5) swivel turn right as you step onto right foot (6) (6:00) |
| $5-6$ | Step left next to right - weight now on both feet (7) raise both heels off floor (\&) take both <br> heels back to the floor (8) |

## VAUDEVILLE HEELS, HOLD YOUR HORSES KNEES

\&1 Step left foot in place (\&), cross right foot over left (1)
\&2 Step left slightly to left ( $\&$ ) dig right foot to right diagonal (2)
\&3 Step right foot in place ( $\&$ ), cross left foot over right (3)
\&4 Step right slightly to right (\&), dig left foot to left diagonal (4)
\& Step left foot in place
5\& With weight on left but right toe touching the floor, move right knee out(5) then in(\&)
6\&7\&8\& Repeat on left, then right, then left. (counts 5-8 will have the effect of knocking your knees together as in "hold your horses")

ROCK BACK, RECOVER, EXTENDED CHASSE, STEP DRAG, SLAP/SLAP/SLAP
1-2 Rock right foot back behind \& slightly to the left of the left foot - angling the body diagonally right (1), recover weight back on left foot (2)
$3 \& 4 \& \quad$ Step right foot to right side (3) step left foot next to right (\&) step right foot to right side (4) step left foot next to right (7)
5-6 Take a large step to right on right foot (5) drag left foot to touch next to right (6)
$7 \& 8 \quad$ Lift left foot behind right and slap heel with right hand (7), swing left foot out to left side \& slap heel with left hand(\&) raise left knee in front \& slap with right hand(8)

## ROCK FORWARD, RECOVER, COASTER STEP, 2 PADDLE TURNS TO LEFT ¼ TURNING

1-2 Rock forward on left foot (1), recover weight on right foot (2)
3\&4 Coaster back by stepping left foot back (3) step right foot next to left (\&), step forward on left foot (4)
5-8 Paddle turn by stepping forward on right foot - weight on both feet (5) swivel on ball of right foot pushing left around to left $1 / 8$ of a turn (6) repeat counts 5,6 once. (3:00)

## SECTION B (16 COUNTS)

Whatever wall you start this section on, you will end up back on that wall at the end of the 16 counts 2 SAILOR SHUFFLES, TOUCH BACK $1 / 2$ UNWIND, SHUFFLE FORWARD
1\&2 Swing right foot behind left (1) step left foot in place (\&) step right foot slightly to right side (2)
3\&4 Repeat above on reverse
5-6 Touch right toe back (5) half unwind to right by swiveling on both feel (6)
7\&8
Shuffle forward on left/right/left
1-8 Repeat above 8 counts once again

SECTION C (16 COUNTS)
Whatever wall you start this section on, you will end up back on that wall at the end of the 16 counts ROCK FORWARD, RECOVER, HALF TURN TRIPLE TWICE
1-2 Rock forward on right foot (1), recover weight on left foot (2)
$3 \& 4 \quad$ Execute a triple step right (3)/left(\&)/right(4) half turning to right
5-8
Repeat above reversing
4X PADDLE TURNS $1 / 4$ TURN EACH = 1 FULL TURN
1-8 Paddle turn by stepping forward on right foot - weight on both feet (1) swivel on ball of right foot pushing left around to left $1 / 4$ of a turn (2) repeat counts 1,2 three more times
For effect, the ending can become:
5-6 Last 2 counts of the last B
$7 \& 8 \quad$ Step left in place, step right to right side, step left to left side
Taking both arms above head on count $8 \&$ hold position for a second

