

# Shrek

Count: 32

Wall: 4

Level: Improver

Choreographer: Bill (Smokey) Govett

Music: I'm On My Way - The Proclaimers



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## STEP, SCUFF, SHUFFLE FORWARD; ROCK FORWARD, BACK, SHUFFLE HALF TURN

- 1-2-3&4 Step left forward, scuff right forward; shuffle forward right-left-right  
5-6 Rock/step left forward, rock back onto right  
7&8 Turning back  $\frac{1}{2}$  turn to the left - shuffle forward left-right-left

## PADDLE TURN, KICK-BALL-CHANGE, SYNCOPATED SIDE TOUCHES, STEP FORWARD

- 1-2 Step right forward, pivot  $\frac{1}{4}$  turn to the left (end with weight on left)  
3&4 Kick right forward, ball change right-left  
& Step right together  
5& Touch left toe to side, step left together  
6& Touch right toe to side, step right together  
7& Touch left toe to side, step left together  
8 Step right forward

## SHUFFLE FORWARD, ROCK, RECOVER, TWO SHUFFLES TOTAL OF A FULL TURN BACK

- 1&2-3-4 Shuffle forward left-right-left; rock/step right forward, rock back onto left  
5&6 Turning back  $\frac{1}{2}$  to the right - shuffle right-left-right  
7&8 Turning forward  $\frac{1}{2}$  to the right - shuffle left-right-left

## COASTER STEP, KICK-BALL-CHANGE, STEP, TOUCH, STEP, TOUCH

- 1&2 Step right back, step left together, step right forward  
3&4 Kick left forward, ball change left-right  
5-6 Step left forward, touch right to side  
7-8 Step right forward, touch left to side

## REPEAT

## TAG

At the end of the 8th wall (facing front wall)

- 1-2 Rock left forward, rock back onto right  
3-4 Rock left forward, rock back onto right
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