# Shuffling On..



Count: 48 Wall: 4 Level: Intermediate

Choreographer: Nancy Morgan (USA)

Music: Lost In the Shuffle - Michael Peterson



#### RIGHT HEEL FORWARD, CROSS, FORWARD, TOE IN, OUT, 1/4 RIGHT, STEP 1/2 TURN

1-2-3	Put right heel forward, cross right foot over left foot, put right heel forward
4-5	Point right toe in to left instep, put right heel next to left with toe pointing to right

6-7-8 Stomp right foot ¼ turn to right, step left foot forward, do a ½ turn to your right (shifting your

weight to your right foot)

## LEFT HEEL FORWARD, CROSS, FORWARD, TOE IN, OUT, 1/4 LEFT, STEP 1/2 TURN

1-2-3	Put left neel forward, cross left toe over right foot, put left neel forward
4-5	Point left toe in to right instep, put left heel next to right with toe pointing to left

6-7-8 Stomp left foot ¼ turn to left, step right foot forward, do a ½ turn to your left (shifting your

weight to your left foot)

#### STEP RIGHT, LEFT KNEE UP, THEN LEFT, THEN RIGHT, SWIVEL, SWIVEL 1/4 LEFT

1-2	Step right foot to right side (shoulder width apart), bring left foot up and across right knee
3-4	Step left foot to left side (shoulder width apart), bring right foot up and across left knee
5-6	Step right foot to right side (shoulder width apart), bring left foot up and across right knee
7-8	Setting right foot down so that both of your knees are swiveling to the right, then swivel both
	feet to the left (you now will be facing ¼ turn to left of your starting wall)

### SHUFFLE FORWARD RIGHT, STEP TURN ¾ TURN, SIDE SHUFFLE LEFT, COASTER STEP

1&2-3-4 Shuffle forward right, left, right, step forward on left and do a ¾ turn to right

5&6-7&8 Side shuffle left, right, left, then coaster step, back on right, left next to right, right foot forward

## POINT LEFT TOE TO LEFT, CLAP, THEN RIGHT, LEFT, CROSS RIGHT OVER LEFT, HOLD, ½ TURN, HOLD

1-2	Point left toe out to left side and clap
&3	Quickly put left foot next to right as you quickly put your right toe to your right side
&4	Quickly put right foot next to left as you quickly put your left toe to your left side
&5-6	Quickly put left foot next to right as you quickly cross your right foot over your left, hold or clap
7-8	Turn ½ turn to your left, hold or clap

#### GRIND RIGHT HEEL FORWARD, COASTER STEP, GRIND LEFT HEEL 1/4 TURN LEFT, COASTER STEP

1-2	Grind right heel forward (grinding heel from left to right)
3&4	Coaster step, step back on your right, put your left next to your right, put your right foot
	forward

5-6 Grind left heel forward (grinding heel from right to left)

7&8 Coaster step, step back on your right, put your left next to your right, put your right foot

forward

### **REPEAT**