Count: 48
Wall: 4
Level: Intermediate
Choreographer: Nancy Morgan (USA)
Music: Lost In the Shuffle - Michael Peterson


RIGHT HEEL FORWARD, CROSS, FORWARD, TOE IN, OUT, $1 / 4$ RIGHT, STEP $1 ⁄ 2$ TURN
1-2-3 Put right heel forward, cross right foot over left foot, put right heel forward
4-5 Point right toe in to left instep, put right heel next to left with toe pointing to right
6-7-8 Stomp right foot $1 / 4$ turn to right, step left foot forward, do a $1 / 2$ turn to your right (shifting your weight to your right foot)

LEFT HEEL FORWARD, CROSS, FORWARD, TOE IN, OUT, $1 / 4$ LEFT, STEP $1 / 2$ TURN
1-2-3 Put left heel forward, cross left toe over right foot, put left heel forward
4-5 Point left toe in to right instep, put left heel next to right with toe pointing to left
6-7-8 Stomp left foot $1 / 4$ turn to left, step right foot forward, do a $1 / 2$ turn to your left (shifting your weight to your left foot)

## STEP RIGHT, LEFT KNEE UP, THEN LEFT, THEN RIGHT, SWIVEL, SWIVEL ¼ LEFT

1-2 Step right foot to right side (shoulder width apart), bring left foot up and across right knee
3-4 Step left foot to left side (shoulder width apart), bring right foot up and across left knee
5-6 Step right foot to right side (shoulder width apart), bring left foot up and across right knee
7-8 Setting right foot down so that both of your knees are swiveling to the right, then swivel both feet to the left (you now will be facing $1 / 4$ turn to left of your starting wall)

SHUFFLE FORWARD RIGHT, STEP TURN $3 / 4$ TURN, SIDE SHUFFLE LEFT, COASTER STEP
1\&2-3-4 Shuffle forward right, left, right, step forward on left and do a $3 / 4$ turn to right
5\&6-7\&8 Side shuffle left, right, left, then coaster step, back on right, left next to right, right foot forward

| POINT LEFT | TOE TO LEFT, CLAP, THEN RIGHT, LEFT, CROSS RIGHT OVER LEFT, HOLD, $1 / 2$ TURN, |
| :--- | :--- |
| HOLD |  |
| $1-2$ | Point left toe out to left side and clap |
| $\& 3$ | Quickly put left foot next to right as you quickly put your right toe to your right side |
| $\& 4$ | Quickly put right foot next to left as you quickly put your left toe to your left side |
| $\& 5-6$ | Quickly put left foot next to right as you quickly cross your right foot over your left, hold or <br> clap |
| $7-8$ | Turn $1 / 2$ turn to your left, hold or clap |

GRIND RIGHT HEEL FORWARD, COASTER STEP, GRIND LEFT HEEL $1 ⁄ 4$ TURN LEFT, COASTER STEP
1-2 Grind right heel forward (grinding heel from left to right)
$3 \& 4 \quad$ Coaster step, step back on your right, put your left next to your right, put your right foot forward
5-6 Grind left heel forward (grinding heel from right to left)
$7 \& 8 \quad$ Coaster step, step back on your right, put your left next to your right, put your right foot forward

REPEAT

