Sisqomix



Count: 32 Wall: 1 Level: Improver line/contra dance

Choreographer: Jeanine Schroyen

Music: Thong Song (Radio Edit) - Sisqó



The choreographer was 8 years old when this dance was written

ARM MOVEMENTS

1-2	Move right hand with two fingers stretched from left to right in front of your face
3-4	Move left hand with two fingers stretched from right to left in front of your face
5-8	Lower your arms from vertical to the outside and down with open hands

RUNNING MAN STEPS

&9	Jump with both feet forward (slightly apart), jump feet diagonally apart (right foot forward)
&10	Jump feet together hitching left knee, jump feet diagonally apart (left foot forward)
&11	Jump feet together hitching right knee, jump feet diagonally apart (right foot forward)
&12	Jump feet together, jump feet diagonally apart (right foot forward)
&13	Repeat steps &10
&14	Repeat steps &11
&15	Repeat steps &10
&16	Jump feet together, jump feet diagonally apart (left foot forward)
&	Jump feet together

STEP, PIVOT, SHUFFLES, TOUCH, CROSS, PIVOT, SHUFFLE, CLOSE

17-18	Step right foot forward, pivot ½ turn left
19&20	Right shuffle forward (right foot, left foot, right foot)
21&22	Left shuffle forward (left foot, right foot, left foot)
23-24	Step right foot next to left foot, hold
25-26	Cross right foot in front of left foot, pivot ½ turn left
27&28	Right shuffle forward (right foot, left foot, right foot)
29&30	Left shuffle forward (left foot, right foot, left foot)
31-32	Step right foot next to left foot, hold

REPEAT