

Sit Down

Count: 32

Wall: 4

Level: Beginner

Choreographer: Anji Cowley (UK)

Music: Sit Down Next To Me - James



KICK, KICK, TRIPLE STEP (LEADING RIGHT THEN LEFT)

- 1-2 Kick right foot forward twice
- 3&4 Triple step in place right, left, right
- 5-6 Kick left foot forward twice
- 7&8 Triple step in place, left, right, left

RIGHT GRAPEVINE WITH TOUCH, LEFT GRAPEVINE ¼ TURNING LEFT, SCUFF

- 9-10 Step right to right side, cross left behind right
- 11-12 Step right to right side, touch left beside right
- 13-14 Step left to left side, cross right behind left
- 15-16 Step left to left side ¼ turning left, scuff right beside left

DIAGONAL TOE TOUCHES FORWARD & BACK

- 17-18 Step right diagonally forward right, touch left beside right
- 19-20 Step left diagonally back left (returning to center), touch right beside left
- 21-22 Step right diagonally back right, touch left beside right
- 23-24 Step left diagonally forward left (returning to center), scuff right beside left

SHUFFLE FORWARD, STEP ½ TURN PIVOT (TWICE)

- 25&26 Step right foot forward, close left beside right, step right foot forward
- 27-28 Step forward left, pivot ½ turn right (shifting weight on to right foot)
- 29&30 Step left foot forward, close right beside left, step left foot forward
- 31-32 Step forward right, pivot ½ turn left (shifting weight on to left foot)

REPEAT
