

Snap Out Of It

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Simon Ward (AUS) & Kurt Glover (AUS)

Music: This Woman Needs - SHeDAISY



- | | |
|------|---|
| 1-3 | Step left forward, step right in place making a ½ turn left, step left in place |
| 4-6 | Step right back, step left-right in place |
| | |
| 1-3 | Step left forward, step right forward making a ½ turn left, rock/step left back |
| 4-6 | Step forward right-left-right making a full turn right |
| | |
| 1-3 | Rock/step left forward, rock/step right back turning ½ left, rock/step left forward |
| 4-6 | Rock/step right forward, rock/step left back turning ½ right, rock/step right forward |
| | |
| 1-3 | Step left forward, pivot ½ turn right taking weight onto right, step left forward |
| 4-6 | Step right forward, brush ball of left forward, brush ball of left across right |
| | |
| 1-3 | Step left forward, step right in place making a ½ turn left, step left in place |
| &4-6 | Step right back, point left toe forward, hold, hold |
| | |
| 1-3 | Step left forward at 45 degrees right, rock right to right, return/rock left at center |
| 4-6 | Step right forward at 45 degrees left, rock left to left, return/rock right at center |
| | |
| &1-3 | Step left beside right, rock right to right, return/rock left at center, step right forward |
| &4-6 | Repeat previous 3 counts (these 6 counts are very soft & smooth) |
| | |
| 1-3 | Step left forward, pivot ½ turn right taking weight onto right, step left forward |
| 4-6 | Step forward right-left making a full turn left, step right forward |

REPEAT

TAG

On 3rd wall do the first 6 counts only then start again