Speed Stick



Count: 40 Wall: 4 Level: Intermediate

Choreographer: John Bailey (CAN)

Music: Mari-Mac - Great Big Sea



HEEL, SCOOT & HITCH

Touch right heel forward, hitch right knee & scoot forward with left
Touch right heel forward, hitch right knee & scoot forward with left

3&4 Touch right heel forward, step down on right, stomp left beside right (no weight)

SYNCOPATED WEAVE

Step out to the left with left foot, bring right behind
Step out to the left with left foot, bring right across left
Step left beside right, stomp right beside left (no weight)

SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE (WHEW!)

9&10 Shuffle forward with right (rt, lt, rt) 11-12 Walk forward with left, then right

13&14 Scuff left heel forward, hitch left knee & scoot back on right, step back with left

15&16 Shuffle back with right

TOE TOUCHES & SCOOTS

Touch left toe back, scoot back on right leg
Touch left toe back, scoot back on right leg
Touch left toe back, scoot back on right leg

20 Bring left beside right

SYNCOPATED WEAVE

Step out to the right with right foot, bring left behind Step out to the right with right foot, bring left across right

Step out to the right with right foot, stomp left beside (no weight)

SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE WITH 1/4 TURN (YIKES!)

25&26 Shuffle forward with left (lt, rt, lt) 27-28 Walk forward with right, then left

29&30 Scuff right heel forward, hitch right knee & scoot forward on left foot, step forward with right

31&32 Shuffle in place with left, right, left making a 1\4 turn right

FUNKY HOEDOWN!

Touch right heel forward, hitch right leg (toe pointing behind & down - leg bent at knee) & hop

slightly forward on left

Touch ball of right foot back, hitch right leg & hop slightly back on left

Touch right heel forward, step down on right foot & hitch left knee, touch ball of left foot

beside right

Touch left heel forward, hitch left leg (leg bent toe pointing behind & down) & hop slightly

forward on right

38& Touch ball of left foot back, hitch left leg & hop slightly back on right

Touch left heel forward, step down on left foot & hitch right knee, touch the ball of right foot

beside left

REPEAT

