

# Stir It Up

**COPPER KNOB**  
STEPPERS

Count: 32

Wall: 2

Level:

Choreographer: Rick Bates (USA) & Deborah Bates (USA)

Music: Momma Ain't Home Tonight - Confederate Railroad



## ROCKING CHAIR, STEP, $\frac{3}{4}$ TO THE LEFT SPIN, STEP, FORWARD SHUFFLE

- 1-2 Step forward on right foot; rock back onto left foot
- 3-4 Step back on right foot; rock forward onto left foot
- 5 Step forward on right foot
- & Execute a  $\frac{3}{4}$  to the left spin on ball of right foot
- 6 Step forward on left foot
- 7&8 Shuffle forward (right, left, right)

## HEEL-BALL-STOMP, CLAPS, SIDE ROCK STEP, CROSSOVER SHUFFLE

- 9 Touch left heel forward
- & Step onto ball of left foot next to right
- 10 Stomp forward onto right foot
- 11-12 Hold and clap hands twice
- 13-14 Step to the left on left foot; rock to the right onto right foot
- 15&16 Cross left foot over right and step; with feet crossed, step slightly to the right on right foot; with feet crossed, step slightly to the right on left foot

## STEP, $\frac{1}{2}$ TO THE LEFT SPIN, STEP, TO THE LEFT MILITARY TURN, FORWARD STOMPS, CLAPS

- 17 Step to the right on right foot
- & Execute a  $\frac{1}{2}$  to the left spin on ball of right foot
- 18 Step forward on left foot
- 19-20 Step forward on right foot; pivot  $\frac{1}{4}$  turn to the left on ball of right foot and shift weight to left foot
- 21-22 Stomp forward on right foot; stomp forward on left foot
- 23&24 Hold and clap hands three times

## KNEE POPS WITH HAND MOVEMENTS, STIR THE KETTLE WITH TO THE LEFT HIP ROLLS

**Hand position for counts 25-28. Fold hands together, leaving index fingers pointing outward and thumbs up (as if firing a six-shooters)**

- 25-26 Pop left knee inward toward right knee, turn body and head to the right while pointing both hands to the right at shoulder level and flick wrist twice (downward)
- & Shift weight to left foot, turn body and head back to starting wall
- 27-28 Pop right knee inward toward left knee, turn body and head to the left while pointing both hands to the left at shoulder level and flick wrist twice (downward)

**Hand position for counts 29-32. Make a fist with both hands palms down, hands touching**

- 29-30 Draw hands toward and than away from body in a full circular motion from left to right (as if stirring a big kettle) while rotating hips one full revolution in a circle to the left on these two beats
- 31-32 Draw hands toward and than away from body in a full circular motion from left to right (as if stirring a big kettle) while rotating hips one full revolution in a circle to the left on these two beats

**REPEAT**