# The Sunshine Sugarfoot



Count: 0 Wall: 1 Level: Intermediate

Choreographer: Mat Baker

Music: Walking On Sunshine - Katrina and the Waves



Sequence: AAB AAB AAB BB

## PART A

TOE HEEL	DOWN BOLING	E AND BOLINCE	COASTED STED	STOMP STOMP KICK

1-2 Touch right toe to left instep, touch right heel to left instep

3-4 Step right directly in front of left, hold

5-8 Bounce heels three times while making a ½ turn left, hold

9-12 Step left back, right together, forward, hold

13-16 Stomp right next to left twice, then kick forward, hold

## TOE, HEEL, DOWN, BOUNCE AND BOUNCE, COASTER STEP, STOMP STOMP KICK

17-32 Repeat section 1-16 of this section

## RIGHT, HITCH, BACK, LEFT, HITCH, BACK, RIGHT, HITCH, BACK, LEFT, HITCH, BACK, TURN

1-4	Step right to right side, hitch left, touch left toe back, lift left foot off floor ready for next step
5-8	Step left to left side, hitch right, touch right toe back, lift right foot off floor ready for next step
9-12	Step right to right side, hitch left, touch left toe back, lift left foot off floor ready for next step
13-16	Step left to left side, hitch right, touch right toe back, hitch right foot while making ¼ turn left

#### RIGHT SHUFFLE, TURN, LEFT SHUFFLE, TURN, RIGHT SHUFFLE, TURN, LEFT SHUFFLE, TURN

1-4	Step right to right side, close left together, step right to right side, hitch left while making $\frac{1}{4}$	
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turn left

5-8 Step left to left side, close right together, step left to left side, hitch right while making 1/4 turn

left

9-12 Step right to right side, close left together, step right to right side, hitch left while making 1/4

turn left

13-16 Step left to left side, close right together, step left to left side, hitch right while making ¼ turn

left

## **PART B**

# FORWARD AND CLAP, BACK AND CLAP, FORWARD AND CLAP, SCOOT BACK

1-4	Step forward - right, left shoulder width apart, clap, hold
5-8	Step back - right, left shoulder width apart, clap, hold
9-12	Step forward - right, left shoulder width apart, clap, hold

13-15 Scoot back three times on left foot while leaning slightly forward with right foot extended

behind

16 Hold

## TURNING TOE HEEL DOWN, RIGHT SHUFFLE, KICK BALL BACK, LEFT SHUFFLE

1-2	louch right toe behind, make ¼ turn right touching right heel to right side
3-4	Make ¼ turn right stomp right in front of left (keeping weight on left), hold
<b>-</b> 0	Oten wight forward at a left together at a wight forward held

5-8 Step right forward, step left together, step right forward, hold

9-12 Kick left forward, step left back, step right back, hold

13-16 Step left forward, step right together, step left forward, hold

# FORWARD AND CLAP, BACK AND CLAP, FORWARD AND CLAP, SCOOT BACK

33-48 Repeat section 1-16 of this section

# TURNING TOE HEEL DOWN, RIGHT SHUFFLE, KICK BALL BACK, LEFT SHUFFLE

49-64 Repeat section 17-32 of this section

# ROCK AND CROSS, ROCK AND CROSS, STEP, TURN, POSE

1-4	Rock right to right side, recover onto left, cross right across left, hold
5-8	Rock left to left side, recover onto right, cross left across right, hold
9-12	Rock right to right side, recover onto left, cross right across left, hold

13-16 Step left forward, ½ pivot turn right, jump forward onto left into jazz pose (right foot extend

back both arms extended out to the sides, palms down), hold