Superking Twist And Stomp



Count: 64 Wall: 4 Level: Intermediate

Choreographer: Ros Brander-Stephenson (UK)

Music: Wastin' Time With You - Carlene Carter



1-4	Step right foot out to right side, slide left foot in next top right, cross right over front of left and pause (while clapping hands once)
5-8	Step left foot out to left side, slide foot right next to left, cross left over front of right and pause (while clapping hands once)
9-12	Step right to right side, step left behind right, step right to right side, touch left next to right
13-16	Step left to left side, step right behind left, step left to left side, touch right next to left
17-18	Place right toe to floor and snap right heel to floor
19-20	Place left toe to floor and snap left heel to floor. (these steps should be done traveling backwards.)
21-24	Touch right foot out to right side, touch right foot next to left, with weight on left make a half turn right, touch left foot out to right side, then touch left next to right.(steps 21 to 24 are a Monterey turn.)
25-32	Repeat steps 17-24
Steps 33-48 should be done traveling forward.	
33-36	Place right toe to floor towards the left instep, place right heel to floor, stomp whole foot on floor and pause
37-40	Place left toe to floor towards the right instep, place left heel to floor, stomp whole foot on floor and pause
41-48	Repeat steps 33-40
49-52	With weight on left side, stomp right foot twice to floor, kick right foot forward twice
53-56	Repeats steps 49 -52
57-60	Step back on right, step back on left foot, step forward on right foot and hold
61-64	As you keep both knees like bent, swivel on the balls of both feet making quarter turn left, straighten knees on last count

REPEAT