## Swaying Free

Count: 48 Wall: 2 Level: Improver
Choreographer: Maria Blackwell (USA)
Music: Take a Chance On Me - Erasure

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WEAVE, LINDY RIGHT, ROCK STEP <br> | $1-4$ | Step to right, step left behind right, step to right, step left across in front |
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| $5 \& 6$ | Step to right, step left next to right, step to right (side shuffle right-left-right) |
| $7-8$ | Rock back on left, recover on right |

}

## FOUR $1 / 4$ PUSH TURN SWAYS

1-2 Step to left on ball of left, push $1 / 4$ turn (towards right) and swaying hip to left by the end of the turn (you should end facing 12:00)
3-4 Step to left on ball of left, push $1 / 4$ turn (towards right) and swaying hip to left by the end of the turn (you should end facing 3:00)
5-6 Step to left on ball of left, push $1 / 4$ turn (towards right) and swaying hip to left by the end of the turn (you should end facing 6:00)
7-8 Step to left on ball of left, push $1 / 4$ turn (towards right) and swaying hip to left by the end of the turn (you should end facing 9:00)
$1 / 4$ TURN, WEAVE, LINDY LEFT, ROCK STEP
1-4 Making $1 / 4$ turn to face front wall step on left, step right behind left, step to left, step right across in front
5\&6 Step to left, step right next to left, step to left (side shuffle left-right-left)
7-8 Rock back on right, recover on left

## FOUR $1 / 4$ PUSH TURN SWAYS

1-2
Step to right on ball of right, push $1 / 4$ turn (towards left) and swaying hip to right by the end of the turn (you should end facing 12:00)
3-4 Step to right on ball of right, push $1 / 4$ turn (towards left) and swaying hip to right by the end of the turn (you should end facing 9:00)
5-6 Step to right on ball of right, push $1 / 4$ turn (towards left) and swaying hip to right by the end of the turn (you should end facing 6:00)
7-8 Step to right on ball of right, push $1 / 4$ turn (towards left) and swaying hip to right by the end of the turn (you should end facing 3:00)

## $1 / 4$ TURN ROCK STEP, SHUFFLE BACK, SHUFFLE BACK, ROCK STEP

1-2 Turning $1 / 4$ (to face 12:00) rock forward on right, recover on left
3\&4 Shuffle back right-left-right
5\&6 Shuffle back left-right-left
7-8 Rock back on right, recover on left

## LINDY RIGHT, ROCK STEP, SHUFFLE FORWARD, PIVOT ½

1\&2 Step to right, step left next to right, step to right (side shuffle right-left-right)
3-4 Rock back on left, recover on right
5\&6 Shuffle forward left-right-left
7-8 Step forward on right, pivot $1 / 2$ turn left
REPEAT

