Take It Easy



Count: 40 Wall: 0 Level:

Choreographer: Unknown

Music: Take It Easy - Eagles



HEELS AND TOES

1-2	With weight on heels, swivel both toes to left side. With weight on toes, swivel both heels to left side
	left side
3-4	With weight on heels, swivel both toes to left side. Kick right foot across front of left foot
5-6	Step right foot to right side. Step left foot next to right foot (weight on left)
7-8	Step right foot to right side. Stomp left foot next to right foot

KICK, BALL, CHANGE AND TURN

1&2	Kick right foot forward. Step ball of right foot next to left foot. Lift left foot up-down next to right
3-4	Step right foot forward. Touch left foot next to right foot
5-6	Step left foot to left side. Touch right foot next to left foot preparing to turn right
7-8	Step right foot ½ turn right. Touch left foot next to right foot

GRAPEVINE AND ROLLING GRAPEVINE

1-2	Step left foot to left side. Step right foot behind left foot (legs are crossed at knees)
3-4	Step left foot to left side. Touch right foot next to left foot
5	Step right foot to right side starting a full turn moving right
6	Step left foot across right foot continuing turn moving right
7-8	Step right foot across left foot finishing turn moving right. Touch left foot next to right foot

STEP TOUCHES

1-2	Step left foot to left side. Touch right foot next to left foot
3-4	Step right foot to right side. Step left foot next to right foot
5-6	Step right foot to right side. Touch left foot next to right foot
7-8	Step left foot to left side. Step (plant) right foot next to left foot (weight on right)

ROMP (VERY FAST FOOT WORK)

&1	Step left foot back. Tap right heel forward 45 degrees right
&2	Step right foot back to center. Step left foot to center (weight on left)
&3	Step right foot back. Tap left heel forward 45 degrees left
&4	Step left foot back to center. Step right foot back to center (weight on right)
5&	Step left foot forward. Scuff right heel forward
6	Quickly stomp/click left heel on floor while right leg is in air from scuff
7-8	Stomp right foot down next to left foot. Stomp left foot down next to right foot

REPEAT