Take Me Down



Count: 40 Wall: 4 Level: Beginner west coast swing

Choreographer: Gerald Biggs (USA)

Music: Take Me Down - Alabama



VINE RIGHT, SHUFFLE IN PLACE, VINE LEFT, SHUFFLE IN PLACE

1-2 Right to side, left behind

3&4 Right to side, shuffle in place left, right

5-6 Left to side, right behind

7&8 Left to side, shuffle in place right, left

ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

1-2 Rock forward on right, rock back on left

3&4 Step back on right, left next to right, step forward on right

5-6 Rock forward on left, rock back on right

7&8 Step back on left, right next to left, step forward on left

STEP FORWARD RIGHT, LEFT, SAILOR SHUFFLE, STEP FORWARD LEFT, RIGHT, SAILOR SHUFFLE

1-2 Step forward right, left

3&4 Step right behind left heel, step left (slightly) to side, bring right next to left (shift weight to

right)

5-6 Step forward left, right

7&8 Step left behind right heel, step right (slightly) to side, bring left next to right (shift weight to

left)

1/2 TURN LEFT, COASTER STEP, 1/2 TURN LEFT, COASTER STEP

1-2 Step forward on right, pivot ½ turn left

3&4 Step back on left, right next to left, step forward on left

5-6 Step forward on right, pivot ½ turn left

7&8 Step back on left, right next to left, step forward on left

DOUBLE JAZZ BOX, 1/4 TURN RIGHT

1-2 Step right over left, step back on left

3-4 Step right to side, left next to right (weight on left)

5-6 Step right over left, step back on left

7-8 Step right to side while turning ½ turn right, left next right while shifting weight to left

REPEAT