Tamale Ridge

Level: Improver

Choreographer: David Spencer (UK)

Music: Tamale Ridge - Joe Paul Nichols

My thanks go to John Coates of Flatliners for his help in the preparation of this and my previous dance, Dreaming In Colour

WALKS FORWARD & HOLD, 1/2 TURN & WALKS BACK & HOLD

- 1-4 Walk forward left, right, left, hold
- 5 On ball of left pivot half turn left stepping back on right
- 6-8 Step back left, right, hold

1/4 TURN TOUCH 1/4 TURN & HOLD, PRISSY WALKS FORWARD & HOLD

Wall: 4

- 9 Step left slightly back making quarter turn left
- 10 Touch right toe next to left
- 11-12 Step right forward making quarter turn right, hold
- 13 Step left forward across right (angling body to right diagonal)
- 14 Step right forward across left (angling body to left diagonal)
- 15-16 Step left forward across right (angling body to right diagonal), hold

Counts 13-15 can be replaced with a full turn right stepping left, right, left

SYNCOPATED TOUCH & CROSS STEPS

- 17-18 Touch right toe to right, hold
- &19-20 Touch right toe next to left, touch right toe to right, cross step right over left
- 21-22 Touch left toe to left, hold
- &23-24 Touch left toe next to right, touch left toe to left, cross step left over right

STEP & SYNCOPATED TOUCH, TURN & RONDE

- 25-26 Long step to right on right foot, hold
- &27-28 Touch left toe next to right, touch left toe to left, touch left toe next to right
- 29 Step left quarter turn left
- 30 Sweep right foot around starting to make half turn left on ball of left
- 31 Completing the sweep, touch right toe next to left
- 32 Push right heel down while lifting left heel off the floor

REPEAT

If you experience any difficulty in obtaining the Joe Paul Nichols CD, contact Country Sounds (0287 135 1717) or Record Corner (0208 673 9192) who may be able to assist.





Count: 32