That Bluegrass Feeling

Count: 32	**Wall:** 4	**Level:**

Choreographer: Various NTA Members

Music: Feelin' The Feelin' - The Bellamy Brothers

FORWARD STROLL (CAMEL WALK)

1	Step left foot forward (drop body weight over left foot as you step, locking left knee, leaving right leg back with right knee bent, and right toes still touching floor).
2	Slide right foot cross behind left foot, right toes to left side of left foot (drop body weight over right foot as you slide right foot up, bend left knee as you lift left heel off floor, left toes bent and still touching floor).
3	Repeat step #1
4	Step right foot forward (drop body weight over right foot as you step, locking right knee, leaving left leg back with left knee bent, and left toes still touching floor).
5	Slide left foot cross behind right foot, left toes to right side of right foot (drop body weight over left foot as you slide left foot up, bend right knee as you lift right heel off floor, right toes bent and still touching floor).
6	Repeat step #4
7	Repeat step #1
8	Repeat step #2

LEFT SAILOR SHUFFLE, RIGHT SAILOR SHUFFLE

9	Swing/step left ball of foot cross behind right foot (swing left foot out to left side, then start circle back to right side, keeping left foot close to floor and step left foot cross behind right foot).
&	Step right ball of foot to right side (parallel with left foot).
10	Step left foot to left side, but slightly forward (approximately 4" to 8" from right foot).
11	Swing/step right ball of foot cross behind left foot (swing right foot out to right side, then start circle back to left side, keeping right foot close to floor and step right foot cross behind left foot).
&	Step left ball of foot to left side (parallel with right foot).
12	Step right foot to right side, but slightly forward (approximately 4" to 8" from left foot).

LEFT TURNING VINE, TOUCH

13	Step left ball of foot into ¼ turn left (facing 9:00 o'clock)
14	Step right ball of foot forward into ½ turn left (start the turn on left ball of foot and finish on right ball of foot facing 3:00 o'clock).
15	Step left ball of foot back into ¼ turn left (facing 12:00 o'clock)
16	Touch right toe/ball beside left foot.

RIGHT KICK BALL TOUCH, LEFT KICK BALL TOUCH

17	Kick right foot forward (approximately 10" to 14" off floor).
&	Step right ball of foot beside left foot (½ beat)
18	Touch left toe out to left side, parallel to right foot (weight will be on right foot) (½ beat)
19	Kick left foot forward (approximately 10" to 14" off floor)
&	Step left ball of foot beside right foot (½ beat)
20	Touch right toe out to right side, parallel to left foot (weight will be on left foot) (½ beat)

¼ TURN WITH HEEL, HEEL AND HIP, HIP

&	Slide/pull right foot back to beside left foot while making ¼ turn right (pivot on ball of left foot as you pull right foot to beside left foot, closing right foot beside left foot at end of turn, but both heels will be off of floor at close of turn. Facing 3:00 o'clock).

21	Drop/touch both heels to floor (½ beat)
&	Raise both heels off of floor, keeping toes/balls of feet on floor (½ beat)
22	Drop/touch both heels to floor (½ beat)
23	Move/bump hips to left side (both knees slightly bent, move hips directly toward 12:00 o'clock)
24	Move/bump hips to right side (both knees slightly bent, move hips directly toward 6:00 o'clock)

LEFT FORWARD SHUFFLE, STEP, ½ TURN PIVOT

25	Step left foot forward (½ beat)
&	Step right ball of foot forward (right toes to approximately left heel) (½ beat)
26	Step left foot forward
27	Step right ball of foot forward (left leg extended back with left toe/ball touching floor).
28	Pivot left ½ turn on balls of both feet (start move with weight on right ball of foot, ending with weight on left foot)

RIGHT JAZZ SQUARE WITH TOUCH BACK

29	Step right foot across front of left foot
30	Step left foot back
31	Step right foot to right side, parallel to left foot, but slightly apart
32	Touch left toe straight back

REPEAT