Total Chaos X2



Count: 32 Wall: 1 Level: Intermediate dance

Choreographer: Nicole Parsons (USA)

Music: Love Train - Big & Rich



Position: Sweetheart Position

ROCK STEP, KICK BALL CHANGE - CROSS & POINT

1-2	Rock right to right side,	recover on left

3&4 Right kick-ball-change - kick right, step right, step left
5-6 Cross step right over left, point left toe to left side
7-8 Cross step left over right, point right toe to right side

SHUFFLE FORWARD, FULL TURN, HOLD

1&2	Shuffle	forward	riaht	left	right
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3-4 Step forward on left foot, making ½ turn right (drop ladies left hand)

5-6 Step forward on left foot, making ½ turn right

7-8 Step forward on left, hold (return to sweetheart hand hold)

KNEE ROLLS. SYNCOPATED STEPS FORWARD

1-2	Traveling forward	with weight on the b	all of right foot - step	forward right and roll right knee
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out to right side, take weight on right foot on count 2 (making circle)

3-4 Step forward on ball of left foot, and roll left knee out to left side, take weight on left foot on

count 4

5 Stomp right foot forward

6 Hold

&7 Make a quick step forward bringing left foot behind right, (7) stomp right foot forward

8& Hold on count 8, (&) bring left foot behind right

1/2 TURN, 1/4 TURN, 1/4 SHUFFLE RIGHT, SHUFFLE LEFT

1-2	Step forward on right, make $\frac{1}{2}$ turn left (drop ladies right hand to make	turns)
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3-4 Step forward on right, make ½ turn left (weight on left)

5&6 Making ¼ turn left, shuffle right, left, right (return to sweetheart hand hold)

7&8 Shuffle forward left, right, left

REPEAT